



CEDAR VALLEY 2024 DUALS

BOYS AND GIRLS FOLKSTYLE DUALS FOR GRADE LEVELS - K-8TH

WHEN: SUNDAY, DECEMBER 8TH, 2024

WHERE: FIT COURTS, 924 VIKING RD, CEDAR FALLS, IA 50613

MANDATORY WEIGH-IN TIMES:

All wrestlers must wear singlets at weigh-ins!

Saturday, Dec. 7: 6:00-7:00pm

Fast Pass weigh-in – All divisions (\$10 per wrestler) (doors open at 6:00pm)

Sunday, Dec. 8: 7:00-8:00am

Free weigh-in – All divisions (doors open at 7:00am)

Matches will run time listed above. We will have Certified Wrestling Officials. We will follow the New N.F.H.S Rules for all Divisions. Overtime 1 min. Neutral position 1st O.T. first takedown wins and if still tied 2nd O.T. :30 second ultimate tiebreaker. No reviews! Decisions of the referee will be final. Good Sportsmanship is a must for spectators, coaches and wrestlers!

Weigh-ins will be held at the tournament site. We will have skin and nail checks! If you have a skin condition, bring a note from the doctor that it is not contagious or you will be scratched!

EARLY DUAL ENTRY FEE: \$500 per team

***Deposit is due Nov. 20th! *Final team payment is due Dec.1st**

All payments are nonrefundable! If over the 20 wrestler roster limit you must pay \$30 extra per wrestler over the limit. With the fee you get 2 coaches for free,

1 table worker for free that can run trackwrestling. Extra coaches will be \$20 per coach and extra table workers will be \$10 per person at the door. Wrestlers without a team email: farrellpromotions@gmail.com for payment info. No Refunds! **No Card Needed for this tournament!** Not responsible for lost items or liable for accidents/injuries. For each team only 2 coaches are in the corner for matches! **Join Facebook Group for updates: Cedar Valley Wrestling Tournaments.** INFORMATION CONTACT: Questions and Host Hotel info: farrellpromotions@gmail.com

DUAL ADMISSION: \$10 per person at the door cash only! No Refunds! 2 coaches free per team. 2 free table workers per team. Extra coaches pass \$20 per coach and table workers \$10 per person. We will have a Concession & Apparel stand open cash only !

No Refunds! You can bring a small cooler! You can bring chairs with rubber legs! No metal legs on chairs!

INFORMATION CONTACT: Questions and Host Hotel info: farrellpromotions@gmail.com

TEAM AWARDS: 1st-3rd teams receive team banners in each division.

INDIVIDUAL AWARDS: 1st-3rd individual team members will receive medals for each division (20 medals only for each team),

1 outstanding wrestler plaque for each team that places in the top 3, individuals that go undefeated in the tournament will receive an All-American certificate & 1 medal per wrestler (must have 3 matches).



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FOR GRADE LEVELS - K - 8TH
SUNDAY, DECEMBER 8TH, 2024**

**BOYS DIVISIONS WILL START WRESTLING AT 9 A.M
MATCH TIMES WILL BE: K-5TH 1-1-1 • 6TH-8TH 1.5-1.5-1.5**

K-5 Boys Division

Wrestling start time: 9am / Weight Classes: 46, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 110, HWT (max 140)

6-8 Boys Division

Wrestling start time: 9am / Weight Classes: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 130, 145, 165, HWT (max 215)

**GIRLS DIVISIONS WILL START WRESTLING AT 9 A.M
MATCH TIMES WILL BE: 2-1-1**

K-8 Girls Division

Wrestling start time: 9am / Weight Classes: 46, 52, 58, 65, 73, 82, 91, 100, 110, 120, 130, 145, 165, HWT (max 200)

DUAL DIVISIONS (Last year had a total of 41 dual teams)

***Elite Teams**

are elite clubs or travel teams with unlimited free agents! (unlimited free agents wrestlers)

***Community Teams**

are clubs/teams from the same area that are not affiliated with a school.

***School Based Teams**

are school based feeder programs.

**For Community and School Teams Up to 3 wrestlers from outside your school team or club may be on your roster for this tournament if needed to fill open weights! No double bracketing! Wrestlers can wrestle up 1 weight class only! Girls can wrestle on Boys teams! Wrestlers can wrestle up a division with parents' permission. Community Teams and School Based Teams will be split when possible! (No Guarantees).*

Sponsors: Cedar Valley Sports Commission , Cedar Falls Tourism & Visitors Bureau, Barbarian Apparel