

Heartland Havoc Team Duals SUNDAY, November 13th

Combined 1st-12th grade dual teams

Limited to the first 16 teams.

\$300 per team

Team entries due Friday, November 4th, 2022

Weights: 50, 55, 60, 65, 70, 80, 90, 100, 110, 118, 125, 132, 143, 150, 157, 165, 175, 190, 220, 285

You must be 5th grade and above to wrestle heavier than 100lbs, maximum 3-grade difference per weight in dual matches up to 7th-grade. **Rosters due Friday, November 11th, 2022.**

Coaches set matches before dual starts to verify Grade difference.

Only matches wrestled score. Must be able to fill 12 weights to enter as a team.

Round robin pools of 4 teams then break into final divisions

CHAMPIONSHIP TEAM: AWARDED PLAQUE AND CHAMPION T-SHIRTS

WEIGH-IN SCHEDULE:

Weigh in's will be held Sunday morning before duals **November 13th 7-8 am at the Lancaster Event Center wrestling will start at 9 am**

*(Weights will be used for wrestlers that compete Saturday)

EACH TEAM WILL SUPPLY 1 PERSON TO HELP RUN TABLE

IMPORTANT NOTES:

Satellite Weigh in requests and Questions: Contact Wrestling Director David Charroin at csgwrestling@gmail.com, If you wish to speak with David, please include your phone number in the email.

Online Registration/Website Questions: Contact the Nebraska Sports Council office at 402-471-2544 or info@nebraskasportscouncil.com