



Saturday, May 8 - Sunday, May 9, 2021

The inaugural 2021 Indiana Freestyle Dual Championship is designed to allow wrestling programs around the state additional opportunities to train and compete, build stronger camaraderie, and enhance our awareness and growth in the Olympic styles. Bragging rights is extra! We expect a great event and look forward to growing every year!

When: Saturday, May 8 (Elem, M.S.)
Sunday, May 9 (High School)

Where: Thomas Carr Howe High School
4900 Julian Avenue
Indianapolis, IN 46201

Who: Elementary (16 Team Max)
Middle School (16 Team MAX)
High School (16 Team Max)

Format: Scramble/Pool (5-6 matches)
USAW/IHSAA Separation criteria

Sanction: USAW and ISWA

Entry Fee: \$350 per team
Deadline is Friday, April 30th

Register: @ www.frecoduels.com
Rosters entered on Trackwrestling

Awards: Team awards top 8 in division
Individual medals to top 3 teams
OW Award for each division
All-Dual Team Awards

Schedule: **Saturday, May 8th**
Doors open @ 7a.m.
Elementary @ 9 a.m..
Middle School @ 2 p.m.
Sunday, May 9th
Doors open @ 730a
High School@ 9 a.m.

Spectators: 1 parent per wrestler
Admission \$10
Track Livestream \$10
3 coaching passes/team

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