**Millard Junior High Ironman Duel**

**4th Grade-9th Grade**

**November 23rd, 2019 @ 9:00 am**

**Millard High School**

200 West Eagle Avenue, Fillmore Utah

**Cost:** $10

**($15 Limited Folkstyle USA Card Required)**

**Team coaches or Designees will be set up as a statistician to enter team rosters and Weights**

**Weights:** 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 180, 180+

**Team Trophy awarded to 1st & 2nd place Team**

**Undefeated Duel Wrestlers Tournament T-shirts**

**Contacts:** Ginnie Teeples (801)358-4309

 Justin Teeples (435)709-1252

**Concessions will be sold**