Grade Level: $6^{\text {th }}-8^{\text {th }}$ Grade - No $5^{\text {th }}$ Graders allowed
Divisons and Weight Classes:
Community Clubs Division 1
Weight Classes 77,87,93,100,107,114,119, 125, 130,140,150,165, 187 and 250
Community Clubs Division 2
Weight Classes $77,87,95,105,113,121,130,140,150,165,187$ and 250
Wrestlers can wrestle one weight class higher than what they weighed in at.
There will be a 1 pound allowance given since many of wrestled the day before
Seeding: Based on placement and qualifying for the 2018 \&2019 WWF Kids State Championships and 2019 Kids State Qualifier $3^{\text {rd }}$ and $4^{\text {th }}$ place finishers. Wrestler only receives their highest criteria for seeding

```
1 st Place - 8 points
2 nd Place - }7\mathrm{ points
3rd Place - }6\mathrm{ points
4
5th Place - 4 points
6}\mp@subsup{}{}{\mathrm{ th }}\mathrm{ Place - 3 points
    If you competed in the Oldest Age Group you receive 1.5 times the
    points listed
    If you competed in the 2 nd oldest Age Group you receive the points
    listed
    If you competed in the 3 'rd oldest Age Group you receive the half
    the points listed
Qualifier - 2 points
Kids State Qualifier \(3^{\text {rd }}\) or \(4^{\text {th }}\) Place -1 point
```


## Rules of Wrestling

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During the wrestling match we use WIAA Wrestling Rules except we wrestle 90 second periods instead of two-minute periods as in WIAA. We also need to enforce the WIAA mouth guard rule for wrestlers with braces. Girls must wear a female cut singlet or wear an approved undergarment underneath their singlet.
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## Schedule

| $9-9: 30 \mathrm{am}$ | Weigh-ins for Division $1 \& 2$ |
| :--- | :--- |
| 10:00 am | Wrestling Starts for Division $1 \& 2$ |

## Team Limit: 25 Wrestlers

All members of a team must be from your school district and practice regularly with your team - No picking up team members. Proof must be provided if asked.

Awards: $1^{\text {st }}-3^{\text {rd }}$ Place Team Trophies and Individual Medals for Each Division
All wrestlers and coaches need to have a USA Wrestling Membership and need to be entered in trackwrestling for each wrestler. Limit of 3 coaches per team mat side

A starting weight will be picked at weigh-ins and we will go up one starting weight in each round

