



SUNDAY, OCTOBER 20, 2019

VIRGINIA BEACH FIELDHOUSE

2020 LANDSTOWN CENTRE WAY, VIRGINIA BEACH, VA

EVENT DIRECTOR: COREY BECKNER

EMAIL: interstate64wrestling@gmail.com WEBSITE: interstate64wrestling.com

TEAM ENTRY: Weight Allowance: Club (k-8) +1 lb./ High School +3 lbs.

HIGH SCHOOL (Grades 9-12): 106,113,120,126,132,138,145,152,160,170,182,195,220,285 \$500

CLUB (Grades k-8): 45,50,55,60,65,70,75,80,85,90,95,100,106,113,125,138,155 \$500

Interested Teams should contact Corey Beckner at interstate64wrestling@gmail.com. First 24 Club (k-8) and 24 High School Teams will be Accepted. \$200 Deposit Required to Guarantee your Team's Entry.

NO State or National All Star Teams will be Accepted. Club Teams (k-8) MUST have 10 Wrestlers and HS Teams MUST have 8 Wrestlers who participate in the entered Club on a Regular Basis OR 2 Teams may Combine to form 1 Team. A Combined Team can Not have any Free Agents.

NFHS and USAW Rules. Headgear, Hair Rule, and Mouthpieces (with Braces). New Overtime Rule. Period Lengths: High School Duals:1 ½ -1 ½-1 ½; Club Duals(k-8):2-1-1. Teams Must Provide a Table Worker. All Teams Guaranteed at least 5 Matches.

SCHEDULE / FORMAT: 8:00am Start for High School and Club Duals.

AWARDS: Top 4 Teams will Receive "Tidewater Cups" and Wrestlers on the Top 4 Teams will be Awarded Medals. All Undefeated Wrestlers on All Teams Receive an "All Tournament Duals Team" Award.

SPECTATOR ADMISSION: Adults: \$15.00 / Students: \$5.00 / Coaches: \$5.00 with Current USAW Card. Coaches Must Provide USAW Card and Photo ID for Admission. Teams will Receive 3 Admission Passes & 3 Hospitality Passes – 2 Coaches and 1 for the Team's Table Worker.

WEIGH IN TIMES: Wrestlers MUST Weigh In with a Singlet NO EXCEPTIONS! Officials will conduct Weigh Ins.

Any Weigh In for Saturday's I-64 Final 4 Tourney will count for Sundays I-64 Duals.

EARLY WEIGH IN, SATURDAY, OCTOBER 19; 12-1pm – Virginia Beach Fieldhouse. \$20 or FREE for any Wrestler Staying in a Host Hotel listed below. Maximum of 4 Wrestlers per Room.

SATURDAY, OCTOBER 19; 5-6:30pm - Virginia Beach Fieldhouse.

SUNDAY, OCTOBER 20; 7:00-7:45am: Virginia Beach Fieldhouse.

HOST HOTELS / RESERVATIONS: FREE Early Weigh In for Any Wrestler Staying in a Host Hotel.

HOLIDAY INN EXPRESS OCEANSIDE: 2607 Atlantic Avenue, Virginia Beach, VA. \$119/Night.

Booking Link: Coming Soon

DOUBLE TREE: 1900 Pavillion Drive, Virginia Beach, VA. \$116/Night.

Booking Link: Coming Soon.

PINK OUT: Breast Cancer Awareness Month! Wear PINK and WIN Prizes throughout the Day!
½ of the 50/50 Drawing will go to a Team Wearing Pink through a Random Draw!

