

Hawks Invite

3rd Annual

DATE

Saturday, December 3, 2022

[Website](#)

[HEAD COUNT](#)

*****LIMITED to 130 wrestlers*****

LOCATION

Athletic Memorial Gymnasium (Building H)

Henry Ford College

5101 Evergreen Rd

Dearborn, MI 48128

Park in Staff lot #11

Cost

\$35 per wrestler

cash preferred/ checks payable to Henry Ford College Wrestling

Registration

Registration opens Sunday, November 27

Deadline to pre-register is Thursday, December 1 at 8pm.

TrackWrestling

Email Judy for additional support with registration for Hawks Invite

judyaw1122@gmail.com

*****LIMITED to 130 wrestlers*****

TIMELINE

Doors open at 7:00am

Skin checks at 7:45am

Weigh-ins at 8:00am

Wrestling begins at 10:00am

ADDITIONAL INFORMATION

Grant MacKenzie

grantmackenzie@me.com

Email Weigh-In sheets by 8pm on Friday

(We will print them for you)



Skin Check

Wrestlers will lineup by TEAM according to labeled scale at 7:40am
Examinations will begin promptly at 7:45am

Coaches will inspect opposing teams & send any issues to Head Trainer

****Athletic Trainer- Jan Lauer*

Weigh-In Procedures

By TEAM according to scale at 8:00am upstairs on balcony

*****Please bring your digital scale**

Scale 1 HFC	Scale 2 Mott	Scale 3 Siena	Scale 5 SC4	Scale 6 Muskegon	Scale 7 Morton	Scale 8 Toledo GVSU Michigan	Scale 9 Bryant & Stratton	Scale 10 SMC
Coach Klink	Coach Marry	Coach Kennelly	Coach Brunger	Coach Priebe	Coach Knepper	Coach Butz	Coach Hesson	Coach Ward

Format

We will run 4 mats. Double elimination. TEAM Points will be scored. Trackwrestling will determine point scorers (12 per team; 1 per weight class will score)

Balcony

TEAMS will weigh-in upstairs on balcony *****Please bring your digital scale**

Participating TEAMS

Henry Ford, Mott, SC4, Morton, Bryant & Stratton, SMC, Muskegon, Siena Hts, Toledo Wrestling Club, Michigan Wrestling Club, Grand Valley Wrestling Club

