

Region IV Girls' Wrestling Tournament

Ephrata High School 333 4th Ave NW, Ephrata, WA 98823 February 12th, 2022

Date: February 2, 2022

To: Region 4 Wrestling Girls' Coaches and Athletic Directors

From: Bryan Johnson, Host AD/Tournament Manager

Nick Fletcher, Computer Operator/Tournament Director

This year's Girls' Region 4 Wrestling Tournament will be held at Ephrata High School at Marty O'Brien Court on February 12th, 2022. Ephrata High School welcomes all of the teams on their road to State. Below you will find the information for the tournament. Please forward it to your coaches for review. Please inform your teams, parents & fans: Due to COVID-19 restrictions & protocols, no spectators will be allowed.

Tournament Schedule:

Saturday, Feb. 12, 2022:

8:00AM Weigh-in

9:00AM Coaches Meeting10:00AM Wrestling Starts

Bracket

This year all weight classes will have 16 girl brackets with 12 wrestlers in each bracket that will be run through Track Wrestling. The top 4 seeds in each weight class will have a bye in the first round. At the end of the tournament, the top 4 (5th is an alternate) wrestlers from each weight

class will earn a place in this year's Mat Classic at the Tacoma Dome. Medals will be handed out for the top 4 places. These wrestlers will also get their picture taken to be featured in this year's State Wrestling Program.

Awards Ceremony:

Wrestlers will be called up by weight class and place to take the podium and be given their medals. Please make sure your athlete attends the award ceremony. Wrestlers will be taken immediately from the podium off to the side to have their picture taken for the Mat Classic Program. Please make sure all athletes understand this so they don't leave the podium without getting their picture taken.

Allocations from Sub-Regionals:

12 total: 5 from the North Sub-Regional; 7 from the South Sub-Regional; 1 alternate/weight class from each Sub-Regional.

Alternates

Special Note: Alternates must weigh in to be eligible to compete. Also, Alternates will ONLY be entered into the tournament if a wrestler from their weight class AND Sub Region are injured, sick, or do not make weight. Alternates will be placed in the #12 seeded position and all other wrestlers will be bumped ahead in seeding to fill the space.

Seeding:

Seeding will be done based on placement in respective Sub Regional Tournaments. 1st from both sides will be placed in positions 1 and 2. 2nd from both sides will be placed in positions 3 and 4, opposite of their 1. 3rd from both sides will be placed in positions 5 and 6, opposite of their 1. 4th from both sides will be placed in positions 7 and 8, same as their 1. 5th from both sides will be placed in positions 9 and 10, opposite of their 1. 6th and 7th from the South will be placed in positions 11 and 12. 6th will be opposite of their 1.

Weigh-in Procedure:

Photo ID is **REQUIRED**. Weigh-in will take place in the Ephrata High School Gym or locker room. Wrestlers are required to report 15 minutes prior. Each coach is required to bring their WIAA weigh in sheet. **Don't be late to weigh-ins**, officials will lock the doors during weigh-in procedures, no one will be allowed to enter after this point.

Mats:

3 mats will be used for the tournament. 2 in the gym, 1 in the commons.

Warm-Up:

There will be a warm up area in the commons for wrestlers and coaches ONLY to use in warm up activities. All mats will be available for warm up before the tournament begins at 10:00am.

Locker Rooms:

There are locker rooms and showers available for use. Please bring your own towels if you plan on showering.

Storage:

The commons area or bleachers of the gym may be used to store your equipment, coolers, etc. Keep an eye on your belongings!

Hospitality Room:

There will be a hospitality room for coaches, officials, and tournament workers only. Please be aware of this and keep your athletes and stat keepers out of this area.

Food:

Concessions will NOT be available at the site. Teams can bring their own food/coolers. Within a short drive around town there is McDonalds, Burger King, Taco Bell, Subway as well as several local restaurants available.

Masks

Masks will be required in the building unless eating or drinking. Athletes are not required to wear masks when warming up for their match or competing. Coaches are required to wear masks at all times even while coaching.

Games Committee:

Head Official Assigned by WOA / Alternate Official
Nick Fletcher (Track Wrestling Operator/Tournament Director)
PJ Anderson (Former Coach & Current Ephrata MS Athletic Director)
Dave Laird (Former Coach & Current EHS Assistant Principal)
Mark Kondo (Former Quincy Coach/AD)
Bryan Johnson (AD/Tournament Director)

Justin Kesterson (WIAA Wrestling Director)

Admission:

NO SPECTATORS ALLOWED DUE TO COVID-19 RESTRICTIONS.

Live Streaming

You can view the livestream on the NFHS Network.

Mat Classic:

Pre-sales tickets will be available online; prices are as follows:

Adults \$32 Seniors \$23 Military \$23 Students \$23

Pass List

The school pass list will need to uploaded on myWIAA via Verify My Pass Gate by the school's athletic director. **Deadline: Wednesday, February 9.**

Coaches

Only WIAA approved coaches are allowed to coach during the tournament. The number of coaches allowed at Regionals is based on the WIAA bound for state guidelines. No more than 2 coaches are allowed on the mat during competition.

Medical:

There will be a certified Athletic Trainer available. However, individual schools will be responsible for providing their own medical kit supplies. Ice will be available. Coaches will clean up blood on wrestlers.

Floor Access:

As a point of emphasis only 2 people are allowed to be at the corner of the mats. No one is allowed to line up along the edge of the mat. Coaches need to remain in their designated areas. Coaches, please talk with your team and let them know they need to remain in the stands. We would also like to ask that you as coaches help monitor this activity throughout the day and remind people to return to the stands.

Cheerleaders

Cheerleaders are allowed. No more than 6 per school on the floor.

Ejections:

Ejection for the first instance of flagrant misconduct (Federation Rule). Or, ejection for a second instance of unsportsmanlike conduct (Federation Rule) of an "abusive" nature (WIAA Standard). <u>An ejected participant is finished for the tournament and the remainder of the season.</u>

Again, coaches, please talk to your athletes and fans about their language and "abusive" behavior. This will not be tolerated at any point during the tournament.

Parking:

Parking for buses and vans will be available in the parking lots and along the road.

Apparel Sales

Rush Team Apparel, the official & exclusive apparel vendor for the WIAA, will be on site selling regional wrestling apparel & merchandise. http://www.rushteamapparel.com/

Tournament Manager/Host AD:

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