

Lebanon Wrestling Championships 2019



- Date: Saturday, December 11th
- Location: Meridian High School Gymnasium
Doors open at 8:00 a.m. Wrestling begins at 9:00 a.m.
- Hosts: Star Middle School/Lowell Scott Middle School
Ty Schmidt Star Middle AD, Brandon Asbury
- Teams: Eagle Middle School Meridian Middle School
Heritage Middle School Sawtooth Middle School
Lake Hazel Middle School Star Middle School
Lewis & Clark Middle School Victory Middle School
Lowell Scott Middle School
- Weigh-ins: **Weigh-ins** must be held on Friday, December 15th between 3:00 and 4:00 pm Wrestlers not making weight at that time will be scratched. The two-pound weight allowance will be in effect for the District Tournament.
- School Sections: Each school will have a designated section in the bleachers. Wrestlers and parents need to be together in those assigned areas. **Masks are highly recommended in the stands. The floor will be open to coaches, tournament staff, and on deck wrestlers only!**
- Additional volunteers are not allowed on the floor. Absolutely no parents will be allowed on the floor. Videotaping can be done from the balcony corners only.**
- Round 1: We will begin wrestling at 9:00am on four mats. We will wrestle straight through with a short break before Championship and Consolation Finals. Finals will be run on two mats concurrently and awards will be given after every other weight classification is completed (70 lb. awards after 75 lb. final). Matches will have 3 90 second rounds.
- Equipment Check: Please make sure you have:
- Shoes
 - Singlet
 - Sweats
 - Headgear
 - Mouth guard (for braces)
 - Good food to eat and water

League Championships

ADMISSION FEE



ADULTS	\$7.00
SENIORS	\$3.00
MIDDLE & HIGH SCHOOL	
STUDENTS W/ACT.CARD	\$3.00
STUDENTS W/OUT CARD	\$4.00
CHILDREN (K-5th)	\$3.00
6 years and under	Free

**Admission Fees are charged for all League
Tournaments and Championships.**

1. Each school will be allowed a maximum of two (2) participants per weight class for eligibility in the tournament
2. The official weigh-in will be monitored by an Activities Director or administrator from each school and will be conducted at each home school between 3:00 and 4:00 pm the day before the tournament.
3. Participants will weigh-in once but may challenge immediately on a second scale.
4. Failure to make weight at the league tournament will result in disqualification. There will be no bumping to another weight.
5. Seeding procedure: Each school will identify one (1) wrestler per weight class to be seeded into a sixteen (16)-place bracket (pig-tails will be used for brackets that have more than 16 wrestlers).
6. Wrestlers must wrestle 3 varsity matches at that weight to be seeded.
7. A minimum of 4 wrestlers should be seeded at each weight class when possible. If there are not four eligible wrestlers (eligible wrestler = wrestler with three varsity matches at a weight class), coaches may put an ineligible wrestler up for seeding at the seeding meeting. Official scorebooks must be brought to the seeding meeting for this purpose. The Tournament Manager will determine if seeding is appropriate.

Note: To have four seeded wrestlers in a weight class there may be an occasion that a school has two seeded wrestlers. This will be determined at the seeding meeting. Seeding a second wrestler can be declined by a school if it places the two wrestlers on the same side.
8. All unseeded wrestlers will be placed with a random draw. When possible the unseeded wrestler will be placed on the opposite side of the same school's seeded wrestler.
9. The Tournament manager will use the Idaho Tournament Bracket.
10. The lightest weights will wrestle first and proceed to the Heavyweight classification.
- 11. Each school will designate no more than four (4) coaches for the tournament on the floor coaching. Only two (2) coaches in a corner coaching on a single mat. Badges will be given to the school designated coaches. School photographers must have prior approval to be on the floor. The Activities Director must submit a request to the Tournament Manager one week prior to the meet.**
12. Ribbons will be awarded to the top 4 wrestlers.