



Iowa Wrestling Coaches Officials Association Girls State 2022

The Iowa Wrestling Coaches and Officials Association is pleased to announce its fourth interscholastic Iowa High School Girls Wrestling Championships January 21nd - 22rd, 2022 at Xtream Arena, Coralville IA, hosted by the IWCOA. <http://www.iowawrestlingcoa.com/>

Registration Cost: \$25.00 per wrestler. **Please send checks prior to the tournament**

IWCOA - Bob Murphy
% Girls State Tournament
304 South Wayne
Manchester, Iowa 52057

Awards:

Individual: The IWCOA will recognize the top 8 wrestlers at each weight class as IWCOA Girls State Placewinners (Gold Bracket ONLY).

Team: The IWCOA will recognize a IWCOA Girls State Champion, Runner-up and Third Place team consisting of a maximum of (14) scoring wrestlers. The top 3 teams will receive a trophy. ONLY GOLD Bracket wrestlers score team points.

Tournament Directors: Any questions should be sent to Bob Murphy and Eric Whitcome. bmurphy.wamac@gmail.com and eric.whitcome@wsr.k12.ia.us

Tournament Hotels: Group blocks with special rates can be found at

<http://www.iowawrestlingcoa.com/>

Head of Official: Eric Eckerman eckermane@gmail.com

Media: Media should contact Bob Murphy bmurphy.wamac@gmail.com

Managers/Team Personal: Managers and other personnel will not be allowed matside. Managers will be expected to pay general admission and complete film/stats from the arena seating.

Cheerleaders: There will be NO cheerleaders allowed given the limited capacity of the event.

Weather: The Girls State Tournament will take place regardless of weather issues, so please make necessary travel arrangements to attend the tournament.

Warm Up Area: There will be warm up areas in Fieldhouse

Athlete Food: Athletes will be allowed to bring their own food and drink into the venue with them.



COACHES REGISTRATION

Coaches: *All coaches must be a certified coach, and approved by their school to coach in the event. A bonafide coach must be present to coach and be responsible for the girls entered.*

Coaches Passes: Each school district will be given up to 3 **bonafide coaches passes**. Coaches will need to check in to receive their passes upon arrival. Additional passes for bonafide coaches will cost \$30 each, and will need to be paid onsite. You may have a maximum of 5 coaches for this event.

All coaches will need to be submitted for the event. Coaches name and BOEE Number should be submitted by Wednesday Jan. 19th.

THIS FORM MUST BE COMPLETED IN ORDER TO OBTAIN **ANY** COACH PASSES!
<https://forms.gle/RiV6n3iGbCM7fCcB9>

Credential pick up will start Friday at 6:30am

Mat side: At no time should spectators or team members be matside. Two coaches per school will be allowed matside.



ATHLETE REGISTRATION

Athlete Registration: Athletes must be registered into TrackWrestling, at the correct weight classes by Wednesday Jan 12th. No additions past the due date will be accepted.

Athletes will not be able to change weights past the Jan. 12th deadline.

Weight Classes: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 220, 285

Scale Allowance: **Friday is a GIRLS WEIGHT SCRATCH Weigh-in.**
Saturday is scratch +1lb for consecutive days.

NFHS Girls Weight Classes: For this event NFHS Girl Weight Classes will be used. **Growth allowance will not be used for girl weights classes at IWOCA Girls State,** growth allowance is only used for boys weight classes (which is irrelevant to this tournament).

How to determine eligible weights:

Go to your team's Trackwrestling OPC. Under **Roster** or **Alpha Roster** you will find your team listed. You are looking at the Minimum Wrestling Weight MWW. In the picture below wrestlers 1,2 and 3 can wrestle 100lbs for IWOCA Girls State. Wrestlers 4 and 5 are eligible for 105lbs, where wrestler 6 is eligible for 110. Coaches should bring a copy of their roster sheet to confirm eligibility questions.

MWC	MWW	Wt. Class
106	82.0	106
106	97.0	106
106	98.0	106
106	103.0	113
106	105.0	113
106	106.0	113
106	98.0	113
106	104.0	120
106	105.0	120
120	115.0	126
106	97.0	126



ATHLETE REGISTRATION Bracketing and Criteria

Although we would love to accommodate all wrestlers at every weight, due to numbers, teams may be limited to how many wrestlers they can enter at each weight class. To help with this, we ask that coaches enter their starter at a specific weight in the A position of that weight (example 120A), the 2nd wrestler at that weight be registered in the B slot (example 120B), and the 3rd wrestler in C (example 120C). All other wrestlers from that weight will be registered in the D slot (example 120D). Brackets will have a maximum of 64 total wrestlers at a given weight. When brackets are made, we will combine the slots as much as possible, until we will exceed the 64 max for the weight. At this point, the remaining wrestlers will be combined into a secondary bracket at that weight.

Example A:

120A - 52 Wrestlers

120B - 12 Wrestlers

120C - 0

120D - 0

In this case, we will have a single bracket of 64 wrestlers at 120.

Example B:

120A - 40 Wrestlers

120B - 20 Wrestlers

120C - 4 Wrestlers

120D - 0 Wrestlers

In this case, we will have a single bracket of 64 wrestles at 120.

Example C:

120A - 32 Wrestlers

120B - 22 Wrestlers

120C - 20 Wrestlers

120D - 10 Wrestlers

In this case, we will combine 120A and 120B to create the 120lbs state bracket of 54 wrestlers, which we will call 120-Gold. The remaining wrestlers at 120C and 120D will be combined to make a bracket of 30 wrestlers in which we will call 120-Silver.



2022 SEEDING INFORMATION

Athlete Registration: Athletes must be registered by Wednesday Jan. 12th by 11:59pm. Registration will be through TrackWrestling, and weights can not be changed following Wednesday's registration deadline.

Records: From Thursday Jan. 13th - Monday Jan. 17th until 11:59pm athlete records need to be updated in Track Wrestling.

Head to Head: Coaches are welcome to enter head to head information when it is available, but it is not necessary as Track will do that when we run the report for seeding.

Seeding Criteria: Seeding criteria will be pulled from TrackWrestling

Seeding Committee: Will be used to go over the TrackWrestling seeding results. The committee will consist of coaches and IWCOA members.

Criteria: The criteria used by TrackWrestling to determine seeds gives points to qualifiers based on the following factors, listed in order of their use. Criteria will be pulled from the OPC.

1. Head-to-head competition
2. Last year State Place
3. Common Opponent
4. Overall Record

So essentially a girl will get a point over someone if they have any of the criteria. The most points they can get is however many girls are in the bracket.

Brackets exceeding 64 wrestlers will be broken into a Gold and Silver Bracket.



2022 IWCOA GIRLS STATE WRESTLING TOURNAMENT & WEIGH-IN SCHEDULE

January 21 - 22rd, 2021

Xtream Arena

FRIDAY, JANUARY 21

SESSION 1 (8 mats) 10:00am - Conclusion

Weigh-in for Session 1: 8:00am (SCRATCH WEIGHT)

(Wrestle to the quarter-finals)

Scales open/Credential Pick up: 6:30am

SATURDAY, JANUARY 22

SESSION 2 (8 mats) 10:00am - 2:00pm

Weight Classes (ALL WEIGHTS) (+1lbs consecutive day weigh-in)

Weigh-in for Session 2: 8:00am

(Wrestle to placement matches)

Scales open: 6:30am

SESSION 3 (4 mats) 4:00pm - 6:00pm

FINALS (1st/3rd/5th/7th), IWCOA Awards (Individual, Team)



Weigh-in Information & Procedure

XTREAM Arena

Participants will **NOT** be allowed to change weight classes after the Jan. 12th registration deadline.

Please notify Matt Shannon of any scratches ASAP
(shannonwrestlingtournaments@gmail.com)

Weight Classes: 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 220, 285

Scale Allowance: **Friday is a SCRATCH Weigh-in**
Saturday is scratch +1lb for consecutive days

NFHS Girls Weight Classes: For this event NFHS Girl Weigh Classes will be used. Growth allowance will not be used for girl weights classes, growth allowance is only used for boys weight classes.

Weigh-ins will be conducted in the Fieldhouse. Wrestlers should be in proper weigh-in attire while checking weight and during weigh-ins.

Weigh-in Attire: 4-5-7 Note – Clarified the appropriate weigh-in attire. Rationale: Wrestlers are now permitted to weigh-in wearing a legal uniform with suitable undergarments. This modification will simplify the weigh-in process by having all the competitors in the same area and can expedite the activity. Beside the legal uniform, the wrestlers may wear low-cut socks on the scale. The socks cannot be removed or added for fear that practice would affect the wrestler's weight loss or gain.