

NLC REGION WRESTLING

May 14, 2021



Wrestling Coaches and AD's,

Wasilla High School is looking forward to hosting the NLC Region Wrestling Tournament on Friday May 14th. We are working hard to ensure that you and your team have a fantastic tournament. Along with this cover letter you will find additional tournament information, MSBSD indoor mitigation plans, Covid-19 symptom checklist form, and the NLC Bylaws. Thank you for your continued support and flexibility

Dates/Deadlines:

- May 6th: Team Roster and Team Picture is due.
- May 6th: Housing Request—Must have negative covid-19 in order to house at WHS.
- May 13th: Entries due by 12:00pm
- May 13th: 7:00pm Coaches Meeting IN PERSON AT WHS in room 142 (snacks will be served)
Good Sport Team Selection is due at coaches meeting
- May 14th: 8:00am weigh-ins

Tournament Timeline:

- Friday May 14th

9:00am

Round 1 16 Man Championship round
Round 2 8/16 Quarterfinal Championship round
Round 3 16 Man Consolation Round
Round 4 8/16 Semifinal Championship Round
Round 5 8/16 Consolation Quarterfinals
Round 6 8/16 Consolation Semifinals
Round 7 8/16 Consolation Finals 3/4 5/6
Round 8 Championship Finals

Tournament Director: Stacia Rustad: stacia.rustad@matsuk12.us

Board of Control: Tyler Gilligan: VP at Wasilla High School
Dale Ewart: AD at Palmer High School
TBA: TBA

Computer Technicians: Ed Gravely and Gary Alcock

Officials: James Farrington/Anchorage officials

Hospitality room: Hospitality room will be in our home ec room. Coaches, admin, officials, and essential workers only please.

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Locker rooms:

Locker rooms will not be available at our region tournament. Please have your wrestlers come dressed to the gym.

NLC Tournament gear:

Tournament gear will be for sale in our commons area. This service will be provided by Northwest Designs.

Streaming:

Streaming will be provided by trackcast.

Trainers:

OPA trainers will be onsite throughout the duration of the tournament.

Admissions:

Spectators will be limited but the cost to enter is free 😊

- Each team will receive 35 tickets total.

Thanks everyone for your support and flexibility. It's been a challenging year, but our Kids are wrestling and we are thankful for that. Please don't hesitate to contact me With any questions.

Stacia