

2020-2021 Cook Inlet Conference Regionals

Date: April 27th, 2021

To: All Cook Inlet Conference Activities Principals,
Wrestling Coaches and Athletic Directors

From: Bob Ottum - Tournament Director
Chris Ruggles- Activities Principal (South High School)
Mel Jonsson- Athletic Director (South High School)
Kara Cravens- Activities Clerk (South High School)

Subject: 2021 CIC Wrestling Tournament
Saturday, May 8th

SCHEDULE

The Cook Inlet Conference Wrestling Tournament will be held at South Anchorage High School in the main gym. There will be 3 mats for matches and we will break down to one mat for the finals. The tournament schedule will be:

Thursday- May 6th	12:00pm	Wrestler names entered!
	3:00pm	Academic Award entry due!
Friday- May 7th	5:30pm - 7:00pm	Seeding Meeting in E107 at SAHS
Saturday, May 8th	7:30am - 8:30am	Weigh-Ins (Scratch)
	9:00am	Session 1 (3 Mats):
		-Championship Round 1
		-Championship Quarter-Finals
		-Consolation Round 1
		-Consolation Round 2
	Approx. 12:00pm	-Championship Semi-Finals
	Approx. 2:00pm	Session 2 (2 Mats):
		-Consolation Round 3
		-Consolation Semi-Finals

Approx. 4:00pm	Session 3 (3 Mats): -Consolation- 5 th & 6 th -Consolation- 3 rd & 4 th
Approx. 5:30pm	Championship Finals 1 st & 2 nd Girls True 2 nd Matches (as/if needed)

- A. Each coach is responsible for inputting their wrestlers into Trackwrestling under the **2021 Cook Inlet Region IV Wrestling Tournament.**

**Entries Are Due in Trackwrestling by
Thursday May 6th 2021 at 12:00PM.**

- B. The seeding meeting will be in E107 at South High School on Friday, May 7th at 5:30pm.

The criteria for seeding will vary slightly from the state criteria. The criteria will be as follows for seeding at this tournament:

- Head to head
- Record vs. common opponents
- Previous Region Champion or Runner-Up-first or second place from the previous year, region champion first-then runner-up
- Previous State Champion or Runner-Up-first or second place from the previous year, State champion first-then runner-up
- Overall varsity record
- Winning percentage against seedable wrestlers.

- C. Admission: Admission is free, but we can only allow 4 spectators per participant.

- D. Hospitality Room
Due to COVID restrictions, there will be no Hospitality room this year.

- E. Medical Coverage
Medical coverage will be provided by OPA.

- F. Presentation of Awards
All wrestlers receiving awards must wear their warm-up top and bottom and **no hats**. Awards will be presented to the top four (4) wrestlers in each weight class. The top six

placers in each weight class will be recognized. First and second place team trophies and an Academic Award and outstanding wrestler award will be presented. A Cook Inlet Conference Dual Meet Champion award will also be presented.

Awards will be presented at the end of the championship round.

**Coaches should login to accept their Regional results in Trackwrestling
Saturday night, May 6th, 2021**

G) Contact Information

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Chris Ruggles

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Thank you for your cooperation,

Chris Ruggles

CIC Wrestling Director