|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | | **2019**  **A-Town Throwdown**  **Varsity Tournament** | | **Tournament Director:**  Ben Mendro  **Head Coach**  Jonny Gilbertson  **Assistant Coaches:**  Gary Niklason  Kenny Sanders | | |
|  | | **Fact Sheet** | |  | | |
| Date and Place: | Saturday, December 14th, 2019  Arlington High School  18821 Crown Ridge Blvd.  Arlington WA, 98223 | | |  | | |
|  |  | | |  | | |
| Times: | Weigh-in: | | 8:00AM | | | |
|  | Coaches’ meeting: | | 9:30AM | | | |
|  | Wrestling starts: | | 10:00AM | | | |
|  | |  | | |  | |
| Entry Fee: | $400 per team if payment received by 12/14/19 | | | |  | |
|  | $425 per team if payment received after that date | | | |  | |
|  | – non-refundable | | | |  | |
|  | | | | | | |
|  | Send checks payable to: | | Arlington High Athletics | | | |
|  | |  | c/o Meaghan Rust-Matter,  Athletic Secretary | | | |
|  | |  | 18821 Crown Ridge Blvd. | | | |
|  | |  | Arlington, WA 98223 | | | |
|  | |  |  | | | |
| Roster: | Please email your tentative roster to Ben Mendro,  at [bmendro@asd.wednet.edu](mailto:bmendro@asd.wednet.edu) by Wednesday, December 11th at 3:30pm | | | | |  |
|  |  | | | | |  |
| Admission: | $6 adults $3 Students w/ASB $3 Children/Seniors | | | | |  |
|  |  | | | | |  |
| Details: | 1. **Each school may bring 2 entries per weight** 2. 16-man brackets  * Potential pigtails, if required, per weight  1. Medals for top 3 finishers in each bracket 2. Team Trophy for the winning team 3. Team Scoring – Traditional scoring will be used. All entries are point scorers. 4. **If any team has a match scheduled for December 13th, please notify at least 24 hours in advance.** | | | | |  |
| Questions? Email Coach Gilbertson at [ahsgilbertson@gmail.com](mailto:ahsgilbertson@gmail.com), or Ben Mendro at [bmendro@asd.wednet.edu](mailto:bmendro@asd.wednet.edu) | | | | | |  |

***A-Town Throwdown* *December 14th, 2019***

PLEASE FILL OUT SEEDING INFORMATION and EMAIL to

Ben Mendro: [bmendro@asd.wednet.edu](mailto:bmendro@asd.wednet.edu)

**BOYS VARSITY TOURNAMENT**

**School :**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Weight | Wrestler Name | Grade | State '19 | Regionals '19 | Districts '19 | Previous Season Record / Notes |
| 106 #1 |  |  |  |  |  |  |
| 106 #2 |  |  |  |  |  |  |
| 113 #1 |  |  |  |  |  |  |
| 113 #2 |  |  |  |  |  |  |
| 120 #1 |  |  |  |  |  |  |
| 120 #2 |  |  |  |  |  |  |
| 126 #1 |  |  |  |  |  |  |
| 126 #2 |  |  |  |  |  |  |
| 132 #1 |  |  |  |  |  |  |
| 132 #2 |  |  |  |  |  |  |
| 138 #1 |  |  |  |  |  |  |
| 138 #2 |  |  |  |  |  |  |
| 145 #1 |  |  |  |  |  |  |
| 145 #2 |  |  |  |  |  |  |
| 152 #1 |  |  |  |  |  |  |
| 152 #2 |  |  |  |  |  |  |
| 160 #1 |  |  |  |  |  |  |
| 160 #2 |  |  |  |  |  |  |
| 170 #1 |  |  |  |  |  |  |
| 170 #2 |  |  |  |  |  |  |
| 182 #1 |  |  |  |  |  |  |
| 182 #2 |  |  |  |  |  |  |
| 195 #1 |  |  |  |  |  |  |
| 195 #2 |  |  |  |  |  |  |
| 220 #1 |  |  |  |  |  |  |
| 220 #2 |  |  |  |  |  |  |
| 285 #1 |  |  |  |  |  |  |
| 285 #2 |  |  |  |  |  |  |

2018 A-TOWN THROWDOWN WRESTLING TOURNAMENT

##### Pass List

**School:**

**Address:**

**Coaches & Managers:**

**Managers:**

**Coach’s Phone Number:**

**Coach’s email:**

Cheerleaders in uniform will be admitted free.