

Norman High Wrestling



Invitational



December 21, 2019

- Format:** Round robin pool tournament (guaranteed 4 matches)
Two pools of 5 wrestlers
Pool A winner vs. pool B winner will wrestle for 1st and 2nd
Pool A 2nd place vs. pool B 2nd will wrestle for 3rd and 4th
Pool A 3rd place vs. pool B 3rd place will wrestle for 5th and 6th
- Sessions:** Weigh-Ins: 8:00 am by weight classes on 3 scales
1st session: 10:00 am (all pool rounds, 5 sessions)
The only breaks will be the 45 minute rule
2nd session: upon completion of session 1 (placement matches)
- Seeding/Meeting** Coaches and seeding meeting will start at 8:30 am
Seed top 4 wrestlers at each weight
We will follow Oklahoma regional seeding meeting criteria
- Format:** Round Robin Pool Format
- Awards:** Medals will be given for the top 4 placers
Top 2 teams will get an award
2 Outstanding Wrestler award (106-145 & (152 - HWT.)
- Line Ups:** Please email a tentative line up to coryw3@norman.k12.ok.us by Dec. 11th
We will be able to determine extras as soon as we have all lineups in.
- Entry Fee:** \$175.00 Team fee
- Admission:** Adults \$5.00, Students \$3.00
- Tournament Director:** Ashley Moody
- Head Coach:** Cory Wilson 817-676-1967 coryw3@norman.k12.ok.us
Athletic Coordinator: Bo Maynes 405.659-8015 bmaynes@norman.k12.ok.us