

## **TOURNAMENT**

December 27th & 28th 2019, Wrestling will start at 3pm on Friday LOam on Saturday

Place: Ontario High School, Ontario, Oregon

Admission: Adults \$5.00 Senior Citizens \$3.00

Students (grades 1-12) \$3.00

Wrestler Entry: \$8.00 a wrestler

**Seeding Meeting: Decemb** 

Weigh In 5: We will start weighing in teams at 1pm Friday and 8:45 am on Saturday. Preferably there will be two coaches at each scale. Weight classes: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182,195, 220 and 285. There will be a 1 pound allowance

- No wrestlers will move from one weight class to another after the seeding meeting.
- Tournament will be run using trackwrestling.com.
- During the tournament, a wrestler will be given 3 calls for participation a total of 5 minutes to check in at the mat. If the participant does not meet this responsibility, he must forfeit the match.
- Awards 2 team trophies and 3 medals per weight class.
- There will be a hospitality room for coaches, officials, and tournament staff.
- Concessions will also be available.
- Tournament shirts will be available.

**Ruben Hernandez** Head coach Athletic Director ultimatel wncare1997@yahoo.com jmink@ontario.k12.or.us

**Josh Mink**