**Big 4+4 Wrestling Tournament**

February 1, 2020

Ponca City High School

**Contact Information**: Jared Wynn (580-670-4145) email: wynnj@pcps.us

**Entry Fee**: **$150** – Make checks payable to Ponca City High School

**Entries:** Lineups and seeding information must be entered on **trackwrestling by** **2:00 p.m. on Thursday, January 30, 2020**.  Head to head criteria will be opened on trackwrestling from 2:01 p.m. Thur., Jan. 30 until 5:00 p.m. Fri., Jan. 31.

**Extra Entries:** Three extra entries will be allowed per team. Each weight is limited to eight wrestlers (due to the five match limit), so it is not guaranteed that your extra wrestlers will be entered into the tournament. Please text or email Jared Wynn with your extra entries. Entries will be accepted on a first come-first serve basis. You will be notified of which extra wrestlers are entered in the tournament.

**Seeding:** We will pre-seed the tournament and confirm the seeds Saturday morning.

**Schedule**:

Weigh-In: **8:00 a.m. (+1 lb.)**

Coaches Meeting: Immediately weigh-in

Wrestling Starts: **10:00 a.m.**

Following the three pool rounds, we will take a short break to set up the championship and consolation brackets. We will then wrestle the semifinals in both the championship and consolation brackets, followed by the 7th place matches. We will then wrestle 1st, 3rd and 5th simultaneously on three mats.

Team Trophies – 1st and 2nd Medals – 1st-4th 1 Outstanding Wrestler