

# Lady Takedowners Back to the mat Freestyle/Greco Invitational

 **April 19th 2026**  
Valley Center High School  
9600 N Meridian Ave  
Valley Center KS, 67147

**Age and Weight Divisions (Boys and  
Girls):**

**8U, 10U, 12U, 14U - Madison  
Bracketing**

**16U and Junior - USAW Weight  
Classes**

**Weigh-ins - Homesite Weigh-ins**

Weigh-ins must be held within 24 hours of the  
start of the tournament. All weigh-ins need to  
be completed by 6:30 PM on April 18th 2026

#### **Entries:**

We will be using Trackwrestling for  
entries.

**Deadline Wednesday April 15th.**

#### **Entry Fees**

**\$30 one style**

**\$45 both styles**

**Payment through Trackwrestling**

**Awards will be given to the top 3  
placers in each division**

#### **Tournament Schedule:**

**Rules Clinic at 8 AM**

**Freestyle to start at 8:30 AM**

**Greco to start 30 minutes after Free  
style concludes**

#### **Coaches Band:**

**Only those with a current USAW  
Leadership card will be allowed on the  
floor. You must show your credentials  
to obtain a coaches band in order to  
be on the floor.**

**Concessions will be available**

#### **Contact Info:**

**Lacy Shields - lacysields@gmail.com - 316-461-7882**

**Amanda Carey - ladytakedowners@vcbooster.org - 316-308-4081**