

Northern Lights Little Kids Wrestling Tournament

Friday March 13, 2026

Rolla, ND

Location: Rolla Gym

Registration: We will be using Trackwrestling.com

- Preregister on Trackwrestling by 8:00 pm Thursday, March 12th
- Registration open Friday, March 6th
- Pay online when you register. Registration is limited to 240 wrestlers.
- Walk-ins welcome, if we have room.

Entry fee: \$15

Check in: 4:00-5:00 pm

Start Time: 5:30pm

Rules: Folkstyle rules with three one minute periods. All periods start in the neutral position.

Divisions: Open to Pre-K through Grade 6. Wrestlers will be grouped by grade and weight, generally 4 per group. Girls brackets when possible.

Awards: Trophies for 1st place. Medals for all other wrestlers.

Contact: Ryan Mitchell- 550-9063

No AAU/USA wrestling card is needed.

Concessions will be served.