



2026 PROVINCIAL WRESTLING CHAMPIONSHIP
INFORMATION PACKAGE



DATES: Friday, March 13, 2026
Saturday, March 14, 2026

LOCATION: Medicine Hat High School
200 7th St. SW
Medicine Hat, AB T1A 4K1
School Phone: 403-527-3371
School Fax: 403-529-2247

CHAIRPERSON: Scott Howes
403-527-3371

WEBSITE: E-mail: scott.howes@sd76.ab.ca
<https://schoolsportalberta.ca/wrestling/2025-26-provincial-wrestling>



2026 PROVINCIAL WRESTLING SCHEDULE

FRIDAY, MARCH 13

10:00 am – 11:00 am	Arrival and Fee payment in the HUB (entry way to gym) – Main Floor
11:00 am – 12:00 pm	Skin check / Weigh-ins Gymnasium – Main Floor * Weigh-ins lightest to heaviest. Initially there will be separate scales for male and female wrestlers. All wrestlers must weigh-in in their singlet
12:10 pm – 1:00 pm	Lunch will be served to athletes and coaches in the cafeteria (HUB)
1:00 pm – 2:00 pm	Coaches Meeting in the MHHS Performing Arts Centre – theatre *This is a mandatory meeting for all coaches to be run by the Host School and the SSA Wrestling Commissioner, Keith Daye
2:30 pm	Opening Ceremonies in the MHHS Gymnasium
3:30 pm – 4:00 pm	Warm-up
4:00 pm – 9:00 pm	Wrestling No matches will be called after 8:45 pm

SATURDAY, MARCH 14

8:00 am	School will be open
9:00 am - Completion	Wrestling matches begin at 09:00 and will run to completion with no breaks. The order of events will be: <ol style="list-style-type: none"> 1. Completion of the preliminary rounds 2. Semi-final crossovers 3. 5th - 8th place matches 4. Bronze medal matches 5. Gold medal matches 6. Individual medal and team awards

ENTRY FORMS

REGISTRATION INFORMATION & FEES

All entry forms must be received no later than 12:00pm on Monday, March 9, 2026 from the Edmonton, Calgary, and Rural Zone coordinators. Only one (1) entry form per zone will be accepted. Competitors must be placed in the correct weight class and must be listed in order of finish at the qualifying competition for the Provincials (1 to 5). Changes will only be allowed in any weight class of the team (Calgary, Edmonton, and Rural) that has already registered for and paid for a competitor in that weight class.

NOTE: It is the responsibility of the Rural Provincial meet Chairperson and the Calgary / Edmonton City Championship Meet Chairpersons to coordinate and submit entries for their respective Zones by the deadline.

ATHLETE FEE: \$51.00 per wrestler (includes \$1 for 'Pay it Forward' Loonie Fee)

COACHES FEE: \$25.00 per coach (Each registered coach will receive a Wristband which gives them access to the Coaches & Officials Hospitality Room. This room will be stocked with food and beverages for Friday and Saturday as well as a meal prepared for lunch on Saturday.

PLEASE MAKE CHEQUES PAYABLE TO – Medicine Hat High School

**Medicine Hat High School
200 7th St. SW
Medicine Hat, AB T1A 4K1
Attention: Darren Klein**

Send Registration Forms via email to:

Scott Howes – Host Chair, at scott.howes@sd76.ab.ca

Keith Daye – (Wrestling Commissioner) at kddaye@cbe.ab.ca

Shelbea MacLennan - (SSA) at shelbea@schoolportalberta.ca

Michele Lytle (host Finance Officer) at Michele.lytle@sd76.ab.ca

SSA Policy:

"John Paton Pay it Forward Loonie Fee": Each provincial championship will charge an additional \$1 for each participating student and remit those funds to the SSA office after the championship. 100% of funds will be directed into SSA scholarship fund to recognize student athletes who give back to their communities by either coaching or officiating in school or community sport.

Individuals failing to show: As per SAA policy: In wrestling, participating schools will submit a cheque for all athletes confirmed by the entry deadline. In the event an athlete(s) fails to show, the offending athlete's school will be penalized an additional \$50 per no show to a maximum of \$250. The Executive will have the sole discretion to impose the penalty based on the rationale provided by the school for the late withdrawal.

Livestreaming:

Cameras will be set up and it is our hope to cover all mats throughout the tournament. Individuals/ Teams are not allowed to livestream as per SSA policy. Live stream may be viewed on the [SSA Network](#)

Livestream passes are priced \$10.00 for a single day, and \$15.00 a tournament pass.

GENERAL INFORMATION

Tournament Admission:

\$10.00 - Day Pass (includes GST)

\$15.00 - 2 Day Tournament Pass (includes GST)

\$5.00 – Student's Pass (Grades 7-12)

Ages 10 and under – FREE

Passes are available online at <https://www.watcheschoolsport.ca/ssaprovincialtickets/> for purchase and will be scanned at the door.

Parking

PLEASE NOTE: Medicine Hat High School has limited street parking. OFF street parking will be available on the north and east side of the building including staff parking spaces on a first come first serve basis. You may need to park on the street, please be mindful of parking restrictions on the street as we have no control over police ticketing for any parking violation.

Bus Zones: Specified bus parking zone for provincials is on 5th Street – north of our football field. Buses are allowed to 'Drop and Go' on 7th Street directly south of our main doors –but **NO Parking.**

Friday: Classes are in session so you will discover RESTRICTED/LIMITED PARKING ON FRIDAY prior to 2:00pm

Saturday There should be ample parking in the staff and student parking areas which are north and east sides of the school.

Locker Rooms and Team Rooms

Change rooms and shower facilities are located in the Gymnasium on the east end. Please use these areas to change into your singlet for weigh-in and skin check, as well as for matches. Please do not leave any personal items in these locker rooms. These are our shower facilities, please bring your own towels and soap.

Teams will NOT be assigned a Team Room – Medicine Hat High School has a number of open areas that teams can use for conferencing and lounging. Please be mindful of all personal valuables.

Concession

Concession will be available throughout the tournament. The concession is located outside of the gymnasium, main foyer area of the school.

Championship Apparel

Northwest Designs, the SSA's official supplier, will be onsite on both Friday & Saturday with championship apparel and will be located on the second floor mezzanine (north side) overlooking the main cafeteria (HUB).

If you are not able to purchase your apparel at the event, you will have the opportunity to make a team order after the event. For more information on how to place a post-event online order, click [HERE](#)

Hospitality Room

A hospitality room will be available for officials, dignitaries and coaches in the Foods Lab room 157. We will have a number of greeters in recognizable T-shirts to point you in the right direction. Coaches

will need to be wearing their provided wristband in order to enter; this will ensure there is sufficient food throughout the tournament. Please do not take food or drink from this room to feed your athletes.

Training and First Aid Room

There is a classroom behind the north bleachers of the east gym. **Athletes requiring preventative therapy/taping must supply their own tape and taping can be done by their coaches in room 183.**

Results

The official Draw area will be in the Phys Ed office on the east end of the gym. **Please do not enter the Draw area - ask your coach to speak to the draw masters if a problem arises.** We will use the silent draw and your mat assignment will be the same throughout the tournament until the gold and bronze medal matches. Results will be available on the championship website after the tournament.

Awards Ceremony

After the conclusion of the Gold medal matches on Saturday, the top three (3) wrestlers in each weight class will receive medals and the 4, 5, 6th place finishers will receive ribbons. Any round robin weight classes that have been completed early will be presented first. Team awards will be presented last.

Pictures/Photography

All Gold medal winners must have their pictures taken immediately after receiving their medals, so that pictures can be added to the SSA yearbook. All Championships teams will also receive their banner here and have their picture taken. Photos will take place in the Gymnasium on the east wrestling mat.

Sportsmanship

Sportsmanship is vitally important and highly valued by the SSA. Luggage Tags will be handed out throughout the Championship to competitors, coaches, parents & spectators who exhibit outstanding displays of integrity, fair play, and good sportsmanship in their words & actions. The sportsmanship committee, consisting of the tournament chairpersons, the SSA commissioner, the officials, and non-wrestling teacher/coaches will be deciding who receives these pins.

To nominate an individual for a sportsmanship award please fill out this form:

<https://forms.gle/i1iRd3hYab6sXaWC9>

Protest Committee

In the event of a protest during competition within 30 minutes of the completion of the bout, the coach or school teacher must submit a written protest accompanied with a fee of \$100 cash. The written protest along with the cash should be filed with the head official and the tournament chair (Scott Howes) should be notified. The protest committee shall consist of the head official, SSA wrestling commissioner and a neutral coach. If the protest is successful, the fee of \$100 shall be returned to the coach/school teacher and the appropriate process will be followed, as per the WCL rulebook, to determine the winner.

Grievance Committee

The grievance committee's key function is to deal with matters that occur during competition, typically discipline/conduct issues and also to handle any other matters that arise that require dispute resolution (e.g. Anything that falls outside the boundaries of the competition) In case of any grievances, there will be a committee in place to hear the situation. Members of the grievance committee will include the tournament chairperson or a tournament committee representative, the wrestling commissioner, and one coach from each of the three zones. These members will be decided upon at the coaches meeting.

Accommodations – suggested tournament hotels

Travelodge Hotel

1100 Redcliff Dr. SW, Medicine Hat

(403) 908-0680

Comfort Inn & Suites	2317 Trans Canada Way SE, Medicine Hat	(403) 504-1700
Days Inn	24 Strachan Ct SE, Medicine Hat	(403) 580-3297
Holiday Inn Express & Suites	9 Strachan Bay SE, Medicine Hat	(403) 504-5151
Home Inn Express	20 Strachan Ct SE, Medicine Hat	(403) 527-1749
Medicine Hat Lodge	1051 Ross Glen Dr SE, Medicine Hat	(403) 529-2222

Please mention you are participating in the SSA Wrestling Provincials at Medicine Hat High School when booking.

SSA Handbook 2025-26

Coaches should be familiar with the Rules of Wrestling as set out in the SSA Policy Handbook.

[ssa-2025-26-policy-handbook 2](#) - (*Wrestling specific information begins on page 73*)

Social Media

We know that every picture tells a story. The moments we capture here—the hard work, the passion, the victories, and the sportsmanship—are what make these events so special. Our goal is to highlight these incredible memories and share them with the wider community. We encourage all of you, from athletes and coaches to parents and fans, to take photos and videos throughout the event.

- To make sure we can find and celebrate all of your amazing content, please tag us @schoolsportalberta and use our official hashtags: #SchoolSportAlberta or #ssaprovs. By using these hashtags, you help us showcase the best of School Sport Alberta and create a collective memory of this day
- Finally, please remember to be respectful and mindful of others' privacy when you are posting. Let's make this a positive and supportive experience for everyone, both in person and online

Medical/Emergency Action Plan

VENUE	Medicine Hat High School
TOURNAMENT CHAIR	Scott Howes
EMERGENCY SERVICES POINT PERSON	Scott Howes
Local Emergency Services	Medicine Hat Regional Hospital Address: 666 5 Street SW Medicine Hat, Alberta T1A 4H6