

# Fremont Folkstyle/Greco/Freestyle Tournament

Friday, March 13<sup>th</sup> & Saturday, March 14<sup>th</sup>

Fremont High School (1975 North 4700 West, Plain City, Utah 84404)

- ❖ Must Pre-register on trackwrestling.com before 6:00 pm MST on Thursday March 12th
- ❖ Must have current USA Full Athlete Card (can purchase at <http://www.usawmembership.com/>)

**Cost:** \$20 for 1 style / \$8 for the 2nd style

**Weigh-ins:** Weigh-ins will be hosted by Chartered Clubs on Wednesday (Mar 11) or Thursday (Mar 12). Talk to your coach about where and what time you should weigh in. Coaches, please have weights entered by 9pm on Thursday night.

## Boys Divisions

- Boys 6U (born 2020-2024), Boys 8U (born 2018-2019), Boys 10U (born 2016-2017), Boys 12U (born 2014-2015), Boys 14U (born 2012-2013), Boys 16U/Junior (born 9/1/2006-2011 and in high school still)

## Girls Divisions:

- Girls 6U/8U (born 2018-2023), Girls 10U/12U (born 2014-2017), Girls 14U (born 2012-2013), Girls 16U/Junior (born 9/1/2006-2011 and in high school still)

**Boys must register in the Boys Division, and Girls into the Girls Division. We will combine age divisions where needed.**

**Tournament Format:** We will use round robins style bracketing and/or line bracket format. Wrestlers will be placed in groups based on weight, age and skill level. Each group will be assigned to a mat for the tournament. The brackets and mats will change for each of the different styles. We will use staggered start times.

## Match/Period Times:

- ❖ Greco: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Freestyle: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Folkstyle: 6U, 8U, 10U 1-1-1 / 12U, 14U, 16U & Junior 1.5-1.5-1.5

## TOURNAMENT SCHEDULE

### Friday – Folkstyle

- ❖ 5:00pm-6:00pm Folkstyle (6U, 8U, & 10U)
- ❖ 6:15pm-7:15pm Folkstyle (12U & 14U)
- ❖ 7:15pm-conclusion Folkstyle (16U, Junior & All Girls)

### Saturday – Freestyle & Greco Roman

- ❖ 8:45am-9:45am Boys 8U, Boys 10U & Boys 12U Greco
- ❖ 9:45am-10:45am Boys 6U, Boys 14U, All Girls Greco
- ❖ 10:45am-11:45am Boys 8U, Boys 10U & Boys 12U Freestyle
- ❖ 11:45am-12:45pm Boys 6U, Boys 14U & All Girls Freestyle
- ❖ 1:00pm-2:00pm Boys 16U and Boys Junior Greco
- ❖ 2:00pm-3:00pm Boys 16U and Boys Junior Freestyle

\*Please make sure you are at least 20 minutes early to your session as we will start right away

**Tournament contact: [Utahwrestlingevents@gmail.com](mailto:Utahwrestlingevents@gmail.com)**