



SOUTHERN ILLINOIS REGIONAL TRAINING CENTER

# SPRING

# SMACKDOWN

## FREESTYLE/ FOLKSTYLE WRESTLING TOURNAMENT

**DATE:** Sunday, April 12<sup>th</sup>, 2026

**LOCATION:** SIUE Vadalabene Center – 35 Circle Dr. Edwardsville, IL

**ENTRY FEE:** **Pre-registered** \$25.00 each style must be entered in Track by Friday, April 10<sup>th</sup>  
\$35 at the door (make checks payable to SIRTC)

**ENTRY LIMIT:** We are taking the first 600 entries.

**DIVISIONS:** **Folkstyle:** Tots, Bantam, Intermediate, Novice, Senior, High School,  
Elementary Girls, Middle School Girls, High School Girls  
**Freestyle:** Middle School, High School, Middle School Girls, High School Girls  
(experienced 5th graders may register for Freestyle Middle School)

**WEIGH-IN: NO FAXED OR EMAILED WEIGHTS!! @ SIUE Vadalabene Center**  
Saturday, April 11<sup>th</sup> .....6:30 p.m. - 7:30 p.m.  
Sunday, April 12<sup>th</sup> .....6:00 a.m. - 7:00 a.m.

**START TIME:** Folkstyle begins at **8:00 a.m.**, Freestyle to follow immediately after.

**RULES:** Folkstyle will follow NFHS rules. HS 2-2-2, MS 1-1.5-1.5, Elem. 1-1-1  
Freestyle will follow USAW rules. HS 3-3, MS and below 2-2

**ADMISSION:** \$5.00 Adults - \$3.00 Children

**CONCESSIONS:** Food & Drink available all day. CASH ONLY\*\*

**Register online at [www.trackwrestling.com](http://www.trackwrestling.com)**

Southern Illinois Regional Training Center  
6168 Center Grove Road  
Edwardsville, IL 62025

Phone: 586-372-1631  
Email: [jmckier@siue.edu](mailto:jmckier@siue.edu)

All proceeds directly benefit the SIRTC program.  
*The mission of the Southern Illinois Regional Training Center (SIRTC) is to bring committed  
wrestlers from the area together to train, compete and grow in the sport of wrestling.*