



Inland Empire Wrestling Association

I.E.W.A. Finals at Temecula Valley High School

Date: May 3rd, 2025

Location: Temecula Valley High School 31555 Rancho Vista Rd, Temecula, CA 92592

Contact: Lyndon Campbell (951) 514-5710 **email:** Lcampbell@tvusd.us

Cost: \$25 per Style or Weight Class for pre-registration. (Freestyle, Greco-Roman, & Folk Style)

*Walk-Up Registration will be \$40 per Style or Weight Class on Saturday (If not sold out): 7 a.m. – 8 a.m.

Spectators Admission: Adults \$10 / Kids (3-12) \$5

***There will be a Full Snack bar available.**

Coaches Band: Must show proof of updated USA Leadership/Coaches Card

Pre-Registration Track Wrestling Link:

*You must Pre-Register on Track Wrestling before it closes on May 2nd @ 6 p.m.

*You may wrestle multiple styles; however, you must stick to your division.

*The IEWA Finals is **OPEN** to ALL wrestlers outside of the Inland Empire, however, only the highest finishing wrestler living in the IEWA boundaries will be the IEWA qualifier for the Boys and Girls IEWA Junior Dual Teams.

All Match Time Limits:

Freestyle & Greco-Roman – All Kids (U6 – U14) and Cadets are: 2 periods - 2 minutes per period, with a :30 rest in between.

Freestyle & Greco-Roman – All USA Juniors are: 2 periods - 3 minutes per period, with a :30 rest in between.

Folkstyle – All Kids (U6 – U14) and are: 1-1-1-minute periods.

Folkstyle – All Cadets and HS USA Juniors are: 2-1-1-minute periods

Days and Order of Sessions:

*There will be two sessions on Saturday May 3rd: 1st: Freestyle all Ages & Divisions. 2nd: Greco-Roman (Juniors & Cadets) or Folkstyle all Ages & Divisions.

May 3rd: Weigh Ins - 6:45 – 8:00 a.m. **“OR”** 12:00 – 12:45 pm for second session wrestlers only.

***One Weigh in for both sessions if doing more than one style.**

May 3rd: 1st Session – All Ages & Divisions - Freestyle only - Wrestling starts at 9:30 a.m.

May 3rd: 2nd Session – Junior & Cadet – Greco-Roman or all Ages & Divisions - Folkstyle

2nd Session will start wrestling approximately around 2 p.m.



2025 Men's & Weight Classes for USA Wrestling:

****Co-Ed-U6:** 40, 43,45,49,53,56,62,70,85

****Co-Ed-U8 (Born 2017-2018)** Weight Classes: 40, 43,45,49,53,56,62,70,85

B-U10 (Born 2015 - 2016) Weight Classes: 49,53,56,59,63,67,71,77,84,93,105,120

B-U12 (Born 2013 - 2014) Weight Classes: 58,63,67,70,74,78,82,86,92,98,108,117,135,160

B-U14 (Born 2011 - 2012) Weight Classes: 75,80,84,88,92,96,100,105,110,115,120,126,132,140,155,175,225

B-U16 - USA Cadet (Born 2009-2010) Weight Classes: 88,94,100,106,113,120,126,132,138,144,150,157,165,175,190,215,285

High School Boys USA Junior - Born September 1, 2005, and after plus currently enrolled in grades 9-12.

Weight Classes: 100, 106,113,120,126,132,138,144,150,157,165,175,190,215,285.

2025 Women's Age & Weight Classes for USA Wrestling:

****Co-Ed-U6:** 40, 43,45,49,53,56,62,70,85

****Co-Ed-U8 (Born 2017-2018)** Weight Classes: 40, 43,45,49,53,56,62,70,85

G-U10 (Born 2015 - 2016) Weight Classes: 45,49,53,57,62,67,73,80,90,100,113

G-U12 (Born 2013 - 2014) Weight Classes: 55,59,64,69,75,81,87,94,102,112,126,140

G-U14 (Born 2011 - 2012) Weight Classes: 75,80,85,90,95,100,105,110,115,120,125,130,135,140,150,165,180

G-U16 - USA Cadet (Born 2009-2010) Weight Classes: 95,100,105,110,115,120,125,130,135,140,145,155,170,190,207,235

High School Girls USA Juniors - Born September 1, 2005, and after plus currently enrolled in grades 9-12

Weight Classes: 95,100,105,110,115,120,125,130,135,140,145,155,170,190,207,235.

***All weights will be pooled if needed, but this will not affect the Junior Division standings in Freestyle and Greco-Roman, Boys and Girls, if the weights are pooled to make matches.**

IEWA Association Dual Team:

The IEWA Finals hosted on May 3rd, Saturday, will be the qualification day for the I.E.W.A. Association Dual Teams for both Boys and Girls, Freestyle and Greco-Roman Teams. You must wrestle in the Boy's or Girl's High School Junior division to qualify for a spot on the IEWA All Star Junior Dual Team in either Freestyle (Sat., first session) or Greco-Roman (Sat., second session). **There is no Folkstyle team this time of the year.* If you are the highest placer from the Inland Empire (Riverside & San Bernardino Counties), then you have the right to represent the IEWA at the **State Association Duals in Fresno California on May 16th – 18th, 2025.** There will be practices at the advertised locations before the State Association Duals, so you can practice and start representing as an All-Star team from the Inland Empire. What a great opportunity to get experience and meet new people. There will be a fee associated to help offset the cost of travel, uniforms, and lodging. There will be a select group of coaches going to help with the trip. More info coming day of the tournament.