



# Dynamic Wrestling

## 4<sup>th</sup> Annual Throwdown Championship

### May 10th, 2025

**\*\*Pre-K through High School\*\***

Proceeds from this event will be donated to  
**The Ronald McDonalds House of Chapel Hill**  
2022-2024 we have raised \$5,600

**Location: Carolina Pines Community Center**

2305 Lake Wheeler Rd. Raleigh, NC 27603

**Weigh-ins: May 10<sup>th</sup>** 9:00-9:30 am (first session weigh-ins) 6U, 8U, 10U  
10:30 am Wrestling starts for first Session 6U, 8U, 10U  
11:30-12:30 (second session) 12U, Middle School, High School Boys & Girls  
Second session starts immediately after first session 12U, MS, HS Boys & Girls

**Registration: \$30 early registration ends 5/7/2025 11:59 p.m. \$35 Late Registration 5/9/2025 11:59 p.m. Register on Trackwrestling.com. (No Card Event)**

### **Medals for top 3 finishers**

#### **Age and Weight Divisions**

**6 & Under:** 3 Periods ~ 1 Minute  
40, 45, 50, 55, 60, HWT

**8 & Under:** 3 Periods ~ 1 Minute  
45, 50, 55, 60, 65, 70, 75, 80, 90, 120, HWT

**10 & Under:** 3 Periods ~ 1 Minute  
50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 125, HWT

**12 & Under:** 3 Periods ~ 1 ½ Minutes  
65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 150, HWT

**Middle School:** 3 Periods ~ 1 ½ Minutes (Must be 8th Grade or below)  
80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT

**High School:** 3 Periods ~ 1 ½ Minutes (9th-12 grade)  
106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 196, 220, HWT

**High School Girls:** 3 Periods ~ 1 ½ Minutes (9th-12 grade)  
102, 109, 116, 122, 128, 134, 140, 147, 154, 167, 187, HWT

**OPEN Division:** 3 Periods ~ 1 ½ Minutes  
Madison Weights

(We reserve the right to combine weight classes and/or age divisions if there are less than 3 wrestlers in a weight class) Age Division based on age as of December 31, 2024.)

**Admissions: \$5 Admission Fee CREDIT OR DEBIT CARD ONLY (NO CASH) Concessions will be available**

**Tournament Director: Stan Chambers [thematroom@yahoo.com](mailto:thematroom@yahoo.com)**