

2025 ND USA Greco-Roman & Freestyle CHAMPIONSHIPS

APRIL 25TH & 26TH CARRINGTON, ND

Carrington High School * 100 3rd Ave S * Door 7

REGISTRATION:

[Click here to Pre-register on Trackwrestling.](#) **FREESTYLE** **GRECO**
DEADLINE*Wednesday April 23rd @ Noon*NO ON-SITE REGISTRATION.

A 2025 USA Wrestling Card will be required to register on Trackwrestling.

Wrestlers must be a ND resident or a paid member of a ND Wrestling Club, & not wrestled in another 2025 USAW State Tournament

ENTRY FEE: \$25 per style. NO Refunds.

WEIGH-INS:

Thursday, April 24th 5-7pm VIRTUAL by team

[Click to select time slot \(one per team\).](#)

Instructions will be sent to contact

ADMISSION: FRI - Adults \$5, Students \$3, ages 5 and under free.
SAT - Adults \$10, Students \$5, ages 5 and under free.

SESSIONS: (FREESTYLE followed by GRECO-ROMAN)

FRIDAY, APRIL 25TH

Session I: See below for check-in and start times

Juniors (Girls & Boys): Check-in 4-5, Start @ 5:30*5 FULL Mats

6U (Girls & Boys): Check-in 5-6, Start @ 6:30 * 4 HALF Mats

16U (Girls & Boys): Check-in 5-6, Start @ 6:30 * 3 FULL Mats

SATURDAY, APRIL 26TH

Color Guard presentation @ 9:25

Session II: CHECK-IN 8-9, START @ 9:30 * 10 HALF Mats

8U (Girls & Boys)

12U (Girls & Boys)

Session III: CHECK-IN 11-Noon, START @ 12:30 * 10 HALF Mats

10U (Girls & Boys)

14U (Girls & Boys)

GIRLS: Brackets (subject to change)

6U (2019 & Later) 35, 40, 43, 46, 50, 55, 62, 68, 78, 78+ (15 lbs max diff.)

8U (2017 - 2018) 40, 43, 46, 50, 55, 62, 68, 74, 85, 85+ (15 lbs max diff.)

10U (2015 - 2016) 45, 49, 53, 57, 62, 67, 73, 80, 90, 100, 113, 113+ (20 lbs max diff.)

12U (2013 - 2014) 55, 59, 64, 69, 75, 81, 87, 94, 102, 112, 126, 140, 140+ (25 lbs max diff.)

14U (2011 - 2012) 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 150, 165, 165+

16U (2009 - 2010) 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 207, 235, 235+

Junior (9/1/2005 & After, Grades 9-12) 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 155, 170, 190, 235, 235+

COACHES PASSES/PHOTOGRAPHER:

[Click here to submit a list of Coaches and Team Photographer](#)

Coaches must hold a USA card & Copper or above certification.

DEADLINE Monday, April 21st

Coaches will present their coaches card @ check-in to receive their coaches pass and will receive FREE admission.

WE WILL NOT LIMIT THE NUMBER OF COACH PASSES BUT WILL ENFORCE THE 2 COACHES PER WRESTLER AT A MAT RULE!

Photographers will check-in and must be on the list to receive their pass.

AWARDS 1ST-6TH

Junior & 16U North Dakota Team National Qualifier

CONCESSIONS WILL BE PROVIDED by the
Carrington Wrestling Club

Contact: Dennis Freeman
@ 701-307-0432 or
Freeman11@daktel.com

BOYS: Brackets (subject to change)

6U (2019 & Later) 35, 40, 43, 45, 49, 53, 56, 62, 70, 85, 85+ (15 lbs max diff.)

8U (2017 - 2018) 40, 43, 45, 49, 53, 56, 62, 70, 85, 85+ (15 lbs max diff.)

10U (2015 - 2016) 49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120, 120+ (20 lbs max diff.)

12U (2013 - 2014) 58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160, 160+ (25 lbs max diff.)

14U (2011 - 2012) 75, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 126, 132, 140, 155, 175, 225

16U (2009 - 2010) 88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

Junior (9/1/2005 & After, Grades 9-12) 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285