

# Norm Sanderson Folkstyle, Freestyle & Greco Classic

Friday, March 14 & Saturday, March 15

Pleasant Grove High School (700 E 200 S, Pleasant Grove, Utah 84062)

- ❖ Must Pre-register on [trackwrestling.com](http://trackwrestling.com) before 6:00 pm MST on Thursday, March 13
- ❖ Must have current USA Full Athlete Card (can purchase at <http://www.usawmembership.com/>)

**Cost:** \$20 for any 1 style / \$6 for the second style / \$6 for the third style

**Weigh-ins:** Weigh-ins will be hosted by Chartered Clubs on Wednesday (Mar 12) or Thursday (Mar 13). Coaches, please have weights entered by 9pm on Thursday night.

## Boys Divisions

- Boys 6U (born 2019-2022), Boys 8U (born 2017-2018), Boys 10U (born 2015-2016), Boys 12U (born 2013-2014), Boys 14U (born 2011-2012), Boys 16U/Junior (born 9/1/2005-2010 and in high school still)

## Girls Divisions:

- Girls 6U/8U (born 2017-2022), Girls 10U/12U (born 2013-2016), Girls 14U (born 2011-2012), Girls 16U/Junior (born 9/1/2005-2010 and in high school still)

**Tournament Format:** We will use round robins style bracketing and/or line bracket format. Wrestlers will be placed in groups based on weight, age and skill level. Each group will be assigned to a mat for the tournament. The brackets and mats will change for each of the different styles. We will use staggered start times.

## Match/Period Times:

- ❖ Greco: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Freestyle: Two 3 min periods for 16U & Junior, all others are two 2 min periods
- ❖ Folkstyle: 6U, 8U, 10U 1-1-1 / 12U, 14U, 16U & Junior 1.5-1.5-1.5

## TOURNAMENT SCHEDULE

### Friday – Folkstyle

- ❖ 4:30pm-5:30pm Boys 6U, Boys 8U, Boys 10U, Girls 6U/8U, Girls 10U/12U
- ❖ 5:45pm-7:00pm Boys 12U, Boys 14U, Girls 14U, Girls 16U/Junior
- ❖ 7:00pm-conclusion Boys 16U/Junior

### Saturday – Freestyle & Greco Roman

- ❖ 8:45am-9:45am Boys 8U, Boys 10U & Boys 12U Greco
- ❖ 9:45am-10:45am Boys 6U, Boys 14U, All Girls Greco
- ❖ 10:45am-12:00pm Boys 8U, Boys 10U & Boys 12U Freestyle
- ❖ 12:00pm-1:30pm Boys 6U, Boys 14U & All Girls Freestyle
- ❖ 1:30pm-2:45pm Boys 16U and Boys Junior Greco
- ❖ 2:45pm-4:30pm Boys 16U and Boys Junior Freestyle

\*Please make sure you are at least 20 minutes early to your session as we will start right away

**Tournament contact: [Utahwrestlingevents@gmail.com](mailto:Utahwrestlingevents@gmail.com)**