



SOUTHERN ILLINOIS REGIONAL TRAINING CENTER

SPRING SMACKDOWN

FREESTYLE/ FOLKSTYLE WRESTLING TOURNAMENT

DATE: Sunday, April 6th, 2025

LOCATION: SIUE Vadalabene Center – 35 Circle Dr. Edwardsville, IL 62025

ENTRY FEE: **Pre-registered** \$25.00 each style must be entered in Track by Friday, April 4th
\$35 at the door (make checks payable to SIRTC)

ENTRY LIMIT: We are taking the first 600 entries.

DIVISIONS: **Folkstyle:** Tots, Bantam, Intermediate, Novice, Senior, High School,
Elementary Girls, Middle School Girls, High School Girls
Freestyle: Middle School, High School, Middle School Girls, High School Girls
(experienced 5th graders may register for Freestyle Middle School)

WEIGH-IN: NO FAXED OR EMAILED WEIGHTS!! @ Vadalabene Center
Saturday, April 5th6:30 p.m. - 7:30 p.m.
Sunday, April 6th6:00 a.m. - 7:00 a.m.

START TIME: Folkstyle begins at **8:00 a.m.**, Freestyle to follow immediately after.

RULES: Folkstyle will follow NFHS rules. HS 2-2-2, MS 1-1.5-1.5, Elem. 1-1-1
Freestyle will follow USAW rules. HS 3-3, MS and below 2-2

ADMISSION: \$5.00 Adults - \$3.00 Children

CONCESSIONS: Food & Drink available all day. CASH ONLY**

Register online at www.trackwrestling.com

Southern Illinois Regional Training Center
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All proceeds directly benefit the SIRTC program.
*The mission of the Southern Illinois Regional Training Center (SIRTC) is to bring committed
wrestlers from the area together to train, compete and grow in the sport of wrestling.*