



2024 Crescent Cowboys Shootout

Wrestling Tournament

Crescent Heights High School

1019 1 St NW, Calgary, AB T2M 2S2

Friday & Saturday December 13/14 2024

COACHES PLEASE READ ALL THE INFORMATION

Welcome to the Crescent Cowboys Shootout Wrestling Tournament.

The tournament will be broken up into sessions of gender and weight classes. The fewer number of weight categories per session means wrestlers must be prepared to compete more frequently. This will reduce the amount of time needed for warm-up and cool down between bouts as well as reducing wait time for wrestlers and spectators.

GENERAL INFORMATION:

Check in for Rookie athletes (Male & Female) - Friday 2:15 – 2:45pm

Check in for Senior/Open athletes (Male) - Saturday 8:00am – 8:30am

Check in for Senior/Open athletes (Female) - Saturday 12:30pm 1:00pm

- Athletes must check in prior to each session during designated times...see schedule
- Coaches, please have a change of footwear with indoor shoes when coaching on the mats

ENTRY FEE - \$25 for Rookie or Senior. If I have the capacity to have Rookies enter the Senior tournament I

will notify coaches, but as of right now our numbers are too large.

All registered athletes will be charged after the scratch date.

HIGH SCHOOL TOURNAMENT RULES:

- All athletes must be registered under their high school and with their provincial schools' athletic association.
- **ASAA Rules**
- **All weight classes will be pooled in a round robin tournament with championship & consolation matches for placement.**
- Matches will be 2 X 2 min rounds. ***Stop time unless changes needed to be made.***
- Wrestlers will be given a maximum of 10 minutes between matches **if needed.**
- **Athletes will be scratched from the tournament if they DO NOT report to registration check on time.**

MEDICAL:

Please do not enter athletes with any type of skin infection. We reserve the right to refuse any athlete from competing with a skin infection. Medical Personnel will be on site. Athletes & teams are responsible for their own athletic tape.

AWARDS:

- Medals for 1st, 2nd, and 3rd in each category. (All Divisions)
Medals will be presented on the mat immediately after the medal match or at the end of the session.

COACHES & OFFICIALS and VOLUNTEER ROOM:

Coaches' room is for coaches, officials & volunteers only.

SNACK SHACK

We will have a snack shack concession open for athletes and parents to purchase food. A POS machine will be available for credit and debit.

CONTACT INFORMATION:

Tournament Director: Peter Jones

Cell (403)-993-9682 email: peajones@cbe.ab.ca

TOURNAMENT REGISTRATION – 3 STEPS

STEP 1 – Pre-registration: Intent to compete THURSDAY DECEMBER 5/2023

**Teams/wrestlers that do not pre-register will be placed on a wait list to determine registration: There may not be room for all teams on the waitlist once numbers have been determined.

How to pre-register:

Email: Peter Jones – peajones@cbe.ab.ca your intent to participate with following information by

1. School Name
2. Approximate number of high school athletes: Rookie male & female and Senior male and female listed separately
3. Names of all Coaches attending
4. Cell Phone contact for head coach/team leader

This will help confirm the number of schools and athletes for planning!

Before the Weigh-in Registration date, you will be emailed a spreadsheet to register all wrestlers and their weights.

STEP 2 – Weigh-in Registration: Tuesday, Dec. 10th

, 8:00am-8:00pm: **ONLY** use the Excel document tab designated for your school and provide wrestlers exact weight for grouping purposes.

*******When determining if your athletes are Rookies or Seniors, please carefully consider their age, physical ability and skill level. The rookie division is designed to foster a competitive environment for our beginner wrestlers to give them success and develop their love for the sport.*******

HIGH SCHOOL (1 kg allowance)

Weight Classes: **MALE:** 44-47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98,108, 120, 120+kg

FEMALE: 44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg.

SCRATCH DEADLINE: Thursday December 12th at 5:00pm

All registered athletes will be charged after the scratch date.

STEP 3 – Registration Check-In: December 13th/14th

All athletes must check in at the registration desk located by the student parking lot doors, at the NW corner of our gymnasium. There will be designated check in times for each session. **Any athlete that does not register at check-in will be removed from the draw.**

2024 Crescent Cowboys Wrestling Showdown Tournament

Tournament Schedule

December 8th

SESSION 1 – Rookie MALE & FEMALE	All Weight Categories
Athlete Check In	2:15pm – 2:45 pm
Mats Open for Warm Up	2:45pm – 3:15 pm
Introduction	3:15 pm – 3:30 pm
Wrestling Tournament	3:30pm – Till finished

December 9th

SESSION 1 - MALE	44-47, 50, 53, 56, 59, 62, 65, 68, 72, 76, 82, 90, 98,108, 120, 120+kg
Athlete Check In	8:00 am – 8:30 am
Mats Open for Warm Up	8:30 am - 9:00 am
Introduction	9:00 am - 9:15 am
Wrestling Tournament	9:15 am - 1:00 pm

SESSION 2 – FEMALE	44, 47, 50, 53, 57, 61, 65, 70, 75, 82, 90, 90+kg
Athlete check in	12:30pm – 1:00pm
Mats open for warm up	1:00-pm – 1:30pm
Introduction	1:30pm – 2:00pm
Wrestling Tournament	2:00pm – Till finished

Session times & schedule is subject to change. A notice will be sent out by Friday morning at the latest to confirm scheduling.