



**8th ANNUAL  
GRACE GRIZZLY SHAKEDOWN**

**TO:** Wrestling Coaches and Athletic Directors

**FROM:** Grace Christian School AD Paul Salima, [psalima@gracechristianalaska.org](mailto:psalima@gracechristianalaska.org) (907)644-2224 & Wrestling Coach Ben Devries at [wrestlingcoach\\_ben@yahoo.com](mailto:wrestlingcoach_ben@yahoo.com) (907)227-5006

**DATE:** November 4th, 2024

Welcome to our 8th Annual Grace Grizzly Grappler now called Grizzly Shakedown Wrestling Tournament after 2018 7.0 earthquake. Tournament is on **Friday December 6th-Saturday December 7th**. We are excited about the growth of our tournament which is open to all levels of wrestling from all schools across the State. **We will have a Girls Tournament Bracket.** We are excited to have your schools and look forward to a great tournament. **Please note that Service HS has the Herm Jones JV tournament on Saturday Dec. 7th if your wrestler is eliminated from our tournament.**

<b>Thursday, Dec. 5th</b>	6:00 pm	Coaches Seeding Meeting in Library. Dinner will be provided. If you are wrestling this Thursday, please let us know ASAP.
<b>Friday, Dec. 6th</b>	8:00 am	Weigh-Ins Scratch +2. If a team wrestles Thursday +3
	9:00 am	Wrestling Begins
<b>Saturday, Dec. 7th</b>	8:00 am	Weigh-Ins Scratch +3 Wrestling
	9:00 am	Begins

**Tournament Format:** 8 man, 16 man and 32 man brackets. **Maximum 2 wrestlers per weight class. 3 mats and spotlight Championship Finals.**

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4th place individual medals for each weight class with unique Grizzly Bear. Awards Outstanding Wrestler Champion Custom Belt and Grizzly Bear for Boys and Girls 1<sup>st</sup> and 2<sup>nd</sup> place Team Trophies

**Tournament Fee:** \$250 per team or \$25 per wrestler for teams with 9 or fewer athletes. [Payment Link](#)



**Hospitality Room:** We will have a hospitality room for our Coaches and Officials. Our Cup of Grace Cafe will be open to everyone for concessions with a variety of food items.

**Housing:** Housing will not be provided but we have a couple local schools that do.

**Apparel and Live-streamed:** We will have gear on sale and all tournament matches will be live-streamed at [www.GraceGrizzlies.org](http://www.GraceGrizzlies.org) and FB Live

**Rosters:** We will use [www.trackwrestling](http://www.trackwrestling) and live scoring. Each team should enter their rosters online Please email **Bob Ottum at bob.ottum@adialaska.com by Wednesday, November 29th** to request your team be added to the Tournament in order to enter your team members. Please enter your wrestlers into track wrestling ahead of time. All entries and changes must be completed by **5:00 p.m. on Thursday, November 30th.**



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