



Where: Lambright Sports and Wellness Center
921 Tech Dr,
Ruston, LA 71270

When: December 7th, 2024

Registration: Registration will be completed on Trackwrestling,
Reach out to wrestling@latech.edu for the registration link

Entry: \$25 per participant, \$200 per team, \$300 if entering men and women

Who: All currently registered and collegiate eligible members of teams in the NCWA, NCAA, NAIA, NJCAA, or CCCAA.

Schedule: *practice time available friday*
Saturday, Dec 7:
7:00 - Doors open
7:45 - Weigh-ins
9:45 - Wrestling begins

Divisions: Men's and Women's Divisions
Men's weights - (125, 133, 141, 149, 157, 165, 174, 184, 197, 235, 285)
Women's weights - (103, 110, 117, 124, 131, 138, 145, 160, 180, 207, 240)

Awards: Medals for 1st-3rd place, team awards for the 1st and 2nd place teams, Most Outstanding Wrestler (Men's and Women's)

Contact: Team email: wrestling@latech.edu, President: Ray Favaza - (504)444-3240

Hotel: Hampton by Hilton of Ruston
1315 N Trenton St. / Ruston La. 71270
Ph# (318) 251-3090
www.hamptoninnruston.com<<http://hamptoninn3.hilton.com/en/hotels/louisiana/hampton-inn-ruston-RSNLAHX/index.html>>