



2025 LA Kids Folkstyle State Championships

Saturday, March 22, 2025

Raising Cane's River Center, 275 S. River Road, Baton Rouge, LA 70802

Entries must be submitted by: Thursday, March 20, 2025 by 10:00 pm.

NO DOUBLE ENTRIES. Use the Trackwrestling link that will be emailed to you.

All wrestlers must have participated in at least 2 regular season tournaments in Louisiana to be eligible for the State Tournament.

ONLY WRESTLERS FROM LOUISIANA ARE ALLOWED TO PARTICIPATE!

Weigh In: Raising Cane's River Center FRIDAY ONLY (5:00-8:00 pm) or SATURDAY morning ONLY (6:30-7:30 am) 275 S. River Road, Baton Rouge, LA 70802

Note: All athletes must weigh-in in their singlet or competitive uniform. Wrestlers are allowed two attempts to make weight on different scales, OR they may go up a weight class.

Weigh-In Procedure: Wrestlers will need to show a 2025 USA Wrestling athlete card to verify card validity and age group. It can be printed or on a phone. Wrestlers will check in at tables designated with their age group, then proceed to the weigh-in area.

ONLY WRESTLING LEADERS WITH A CURRENT USA CARD ON A LANYARD WILL BE ALLOWED INTO THE WEIGH-IN AREA.

SCHEDULE:

Session 1: 8:00 am to 3:00 pm (Approximate)

8U Boys, 12U Boys, 16U Boys, 8U Girls, 12U Girls, 16U Girls

Session 2: 3:00 pm (Approximate) to 9:00 pm (Approximate)

10U Boys, 14U Boys, Open Boys, 10U Girls, 14U Girls, Open Girls

ENTRY FEES:

\$30/Wrestler. Make checks payable to: Louisiana USA Wrestling. Payments will be due Saturday prior to wrestling. Once a wrestler has been entered the entry fee is due whether he or she wrestles or not.

ADMISSION:

Adults \$15 and Kids 12 and under \$8. Tickets will be sold on Friday at the River Center 5:00-8:00 pm.

Tickets will also be available online starting Friday, March 14th.

AWARDS:

1st, 2nd, 3rd place medals, Tee Shirts, & Trophies for champions in each weight class.

All Wrestlers & Coaches must have a valid USA Wrestling Card & follow rules set by USA Wrestling.

COACHES must wear their 2025 USA Wrestling Leader card around the neck area the entire tournament and must be wearing the card to enter the SOUTHWEST Gate. Please be sure all your credentials are correct and up to date.

PLEASE DO NOT ASK TO PRINT YOUR COACHES' CARD. WE WILL NOT.

Coaches - your name has to be on the LA USA Wrestling Leader List. We will print out the most current list on Friday night (3/21/25)

WORKERS:

Each Club that hosted a tournament is responsible for manning a table all day. All other clubs are encouraged to volunteer as well. Coaches, please send the first and last name of each worker, the club they are representing, and a CONTACT NUMBER for that group to Mark Moreau. Please send in groups of THREE or FOUR. Each club may volunteer one group per mat per session. High School Wrestlers who know how to run Track Wrestling are extremely helpful. We also need lots of help to set up on Friday starting at 3:00, weigh-ins starting at 5:00, checking coaches, wrestlers, and workers into the tournament on Saturday, awards, AND help in picking up everything at the end.

WORKERS enter through the SOUTHWEST Gate. WORKERS GET IN FOR FREE, RECEIVE FREE FOOD AND DRINKS, and your club can make \$100/session/mat if they are on the list and there are no problems with your workers.

HOTEL ROOM COUNT:

Coaches as you know the Raising Canes is a very nice venue which LA USA Wrestling gets a tremendous discount because your clubs stay in Baton Rouge Hotel Rooms. Please see the attachment about LA USA Wrestling getting credit for these rooms. Please feel free to make copies of this form and have your parents fill them out and you can email them to me or turn them into the head table on the day of the tournament whichever is easier for you. Thank You.

WRESTLING GEAR BOOTH:

There will be a booth selling USA Wrestling Gear.

CONTACT: Coaches ONLY: Mark Moreau (225)266-8786 or pmomoreau@gmail.com

ALL ENTRY CHANGES AFTER DEADLINE:

Please Email: Bella Macha - isabellamacha2005@gmail.com