

14-Day State Champ Training Camp

NEBRASKA WESLEYAN



Brandon Bradley
Wesleyan Head Coach

High School Wrestlers

June 16th – 29th

*This camp produces **RESULTS**:*

We did a pilot run with this camp in 2020, & 2021. From our pilot program we had **18 of 19** wrestlers placed at state. **11** wrestlers made it to the state

finals, and **9** of them walked away **State Champions!** On top of that, **2** of them finished high school as **Back-To-Back State champions**, and **1** of them went on to **Wrestle D1!**

Note: Of these 19 campers, we started out with 5 of them as state placers (averaging 5th place in 2019 with zero champions). We helped all of the state placers move up the podium, and we helped 13 of the other 14 place at state.



Josh Gannon
NWTC Head Coach

This camp has two goals:

Goal 1) **Make it on the State Podium.**

Goal 2) **Move up the podium** if you have already placed at the High School State Tournament.

Space is **limited to 20 campers this summer**. This is because we want to ensure every camper receives the attention to detail, he or she needs to make it on or move up the state podium.

This is the toughest high school camp in Nebraska. **Only register your wrestler if they have the will and desire to be great.**

Every camper is to submit 5-10 videos of their matches to us before camp starts.

This camp is limited to 20 WRESTLERS!

We review all video submissions to **create custom game plans and training logs for each camper prior to their first day at camp**. Each Wrestlers camp training is custom tailored to his or her needs to improve on the mat.

At the end of the camp, your camper will **receive a custom video package** from camp with clips of techniques and drills to work on. Along with clips showing their progress from day one all the way to the final day of camp.

Lastly, we will provide **2 FREE Private Lesson Tune-ups during the month of February**. To help your wrestler fine tune his or her skills/mindset going into the state championship tournament. (\$180 value, Private lessons are \$90 per lesson)

Camper Qualifications:

All High School Wrestlers must be a **2024 High School State Qualifier** to attend the 14-Day State Champ Training Camp or **placed top 2 at NEUSA State Tournament as an 8th grader in 2024**. **This camp will NOT be easy**. Register for camp only if you are ready to learn what it takes to become a *State Champion*.

Coaches: **Brandon Bradley** (NE Wesleyan Head Coach), **Josh Gannon** (NWTC Head Coach), & **Guest Coaches**

Some of the Guest Coaches from Former State Champ Camp's include:

Chad Red	4x NCAA All American	Eric Schultz	2x NCAA All American
TJ Dudley	3x NCAA All American	Liam Cronin	NCAA All American

Daily Schedule, Monday – Friday starting June 1st:

<ul style="list-style-type: none"> 7:00am – 7:30am Check-In 7:30am – 8:30am Conditioning Outside 9:00am – 11:00am Wrestling 11:00am – 1:00pm Lunch 	<ul style="list-style-type: none"> 1:00pm – 3:30pm Wrestling 3:30pm – 4:00pm Conditioning *Saturdays & Sundays are full days off to rest and recover.
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Location: Nebraska Wesleyan University Wrestling Room, 5000 St Paul Ave, Lincoln, NE 68504

What to Bring: Wrestling & running shoes, 2 changes of workout clothes per day, lunch and water or sports drink.

Commuter Cost: \$999.00

Resident Cost: \$1,599.00

Registration: <https://app.iclasspro.com/portal/nwtc1>

*Note: Resident will stay in the University Dorms, meals are included with resident campers. Meals are NOT included for Commuters.