Cement Mixer Wrestling Club Freestyle/Greco Tournament



Saturday, April 20, 2024

BGM Schools

1090 Jackson St., Brooklyn, IA 52211



Boys and Girls 10U to HS aged wrestlers

Registration

- Pre-Register by Friday, April 19 at 10:00PM at www.trackwrestling.com \$15.00 per style.
- NO WALKINS-MUST PRE-REGISTER-NO EXCEPTIONS
- Admission is \$5.00 for spectators.

Weigh-Ins

- Weigh-ins will take place from 8a-9a. You must weigh in with Singlet and must bring your USA card with you.
- Greco will start following weigh-ins (aiming for around 9:30)

Awards

Medals to the champion in each bracket.

Eligibility

- https://www.usawmembership.com/age_group_weight_chart
- Must have a valid USA Wrestling membership card. www.usamembership.com Limited Folkstyle membership is not valid.

Format

 Wrestlers will be grouped by weight into brackets (Round robin or traditional) by weight and age. We would appreciate the coaches working as officials during the Tournament

Competition

 Freestyle will follow at the conclusion of Greco. FILA Rules with USA Wrestling modifications and age groups will be used.10U Intermediate, 12U Novice, 14U Schoolboy, 16U USA Cadet, USA Junior. No 8th graders in the USA Junior Division.

Questions can be directed to Dalton Roberts droberts@brooklyn.k12.ia.is