



**Chicago Wrestling Club**  
invites you to a fun filled family friendly  
**Day at the Beach**  
**Sunday, August 18, 2024**

North Avenue Beach, Lincoln Park, Chicago  
South Volleyball Courts, south of Boat on the Beach  
Weigh-in 8:30 am-9:30 am registration Entry fee: \$30



**Master of Ceremonies will be Ed Giese former wrestler from Illinois**

**Format: 4 Person Blocked Weights RR, Custom Event T-Shirts for Winner**

**Divisions:** Masters Men, Masters Women, Open Men, Open Women, HS Men  
HS Women 14U Boys 14U Girls 11U Boys 11U Girls 8U Boys 8U Girls

USA Wrestling Card Required, if purchasing 23-24 USA Card, which expires Aug 31 for this event USA Wrestling will comp 24-25 USA Card after SafeSport training is completed.

**NEW This Year Team Bags Tournament following wrestling**

\$20 cash entry, winning team gets 50% purse, 2<sup>nd</sup> 30% 3<sup>rd</sup> 20%

Registration Link: [Click here to Register for Beach Wrestling](#) or use QRC Below.

Standard Beach Wrestling Rules:

- 1 point for takedown
- 1 point for pushout
- 3 Points for feet to back
- First to 3 points wins
- One 3-minute period



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