



Chicago Wrestling Club invites you to a fun filled family friendly Day at the Beach



Sunday, August 18, 2024

North Avenue Beach, Lincoln Park, Chicago
South Volleyball Courts, south of Boat on the Beach
Weigh-in 8:30 am-9:30 am registration Entry fee: \$30

Divisions:

- Masters Men
- Masters Women
- Open Men
- Open Women
- High School Men
- High School Women
- 14U Boys
- 14U Girls
- 11U Boys
- 11U Girls
- 8U Boys
- 8U Girls



Registration Link: [Click here to Register for Beach Wrestling](#) or use QRC Below.

Standard Beach Wrestling Rules:

- 1 point for takedown
- 1 point for pushout
- 3 Points for feet to back
- First to 3 points wins
- One 3-minute period



???'s email olewrestler2@gmail.com