



**CUSAW Lancer GR/FS Tournament**  
***FREESTYLE – GRECO-ROMAN – WOMEN'S ONLY GR&FS***



**Saturday – March 30, 2024**

**Lincoln High School – 2285 S Federal Blvd, Denver, CO 80219**

**Co-ed Freestyle: 6U, 8U, 10U, 12U, 14U, 16U, Junior**

**Co-ed Greco-Roman: 6U, 8U, 10U, 12U, 14U, 16U, Junior**

**Girls Only Freestyle: Grades K-2<sup>nd</sup>, Grades 3<sup>rd</sup>-5<sup>th</sup>, Grades 6<sup>th</sup>-8<sup>th</sup>, HS 9<sup>th</sup>-12<sup>th</sup>**

**Awards**

Medals awarded for top 3 finishers in each age division & weight class

**Format**

**Co-Ed 6U, 8U, 10U, 12U, 14U, 16U, Jr and all Girls Only Divisions: Round Robin – Madison Block Bracketing**  
(Grouped by Weight up to 6 Wrestlers)

**Registration Fee**

Athletes MUST pre-register before noon MT, Friday, March 29, 2024

**All age divisions-\$25.00 Per Style OR \$40.00 Both Styles - *EARLY BIRD PRICING* – Register by  
Tuesday @ 7 pm prior to event**

LATE REGISTRATION PRICING (from Tuesday @7 pm through Friday @noon) - \$25/per style with no  
discounting

**Any athlete allowed into the event after the registration deadline will be charged \$40/style for the  
late registration and will not receive the early bird 2-style discount.**

**Registration**

We will be using the USA Wrestling membership system for event registration this season. The event website link on TrackWrestling will redirect you to the membership system to register. Only teams with a current USA Wrestling team charter will be listed within the event preregistration.

CUSAW Executive Director – Justin Newby | [justin.newby@cusaw.org](mailto:justin.newby@cusaw.org) | 360-920-0383

CUSAW Chairman – Joe Betterman | [joe.betterman@cusaw.org](mailto:joe.betterman@cusaw.org)

Tournament Director – Monica Schommer | Bracketing Needs or Questions? Email us at [monica.schommer@cusaw.org](mailto:monica.schommer@cusaw.org)

## **Weigh-Ins**

Weigh Ins are now considered done by an Honor System. During Pre-Reg, there will be an "Actual Weight" field that will be required for all registered participants. To keep everyone honest, we will be pulling 3-4 brackets at random prior to each session. Everyone in that bracket will weigh in by 30 minutes prior to the start of their session. Anyone who does not make weight will be scratched, or they can pay to register again in the correct bracket. Anyone who does not weigh in prior to the tournament start will be left in the bracket but will not be able to wrestle until weighed in. If the wrestler does not make weight, there will be no opportunity to re-bracket and the wrestler will be scratched. Weight Allowance 1lb under 100, 2lbs over 100.

## **Event Schedule**

**Saturday, March 30, 2024 –**      7:30 am – Doors Open  
8:00 am to 8:30 am Random Weight Checks  
8:30 am – Mat Officials/Coaches Meeting  
9:00 am – 12:00 pm – Freestyle – ALL GROUPS  
12:30 pm – Completion – Greco-Roman – ALL GROUPS

**Schedule times are approximate.**

**COACHES REQUIRED TO HAVE USAW TEAM LEADER MEMBERSHIP!**

**Admission: Adults-\$10.00 - Students & Seniors - \$5.00 – Military/Law Enforcement and kids under 5 - Free Admission.**

***Coaches with USA Wrestling Team Leader card - Free Admission***

**Concessions Available All Day**

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