

# Wave Wrestling 2024

## Freestyle & Greco-Roman

### Practice Schedule

First Practice Monday March 18th and will run into August  
Mon & Thur— 6:00—8:00 PM ; Tues—3:30—5:30 PM

Sat / Sun— TBA when not competing

All Practices held in Brothers Development Center @ CBHS

Come and join the most dedicated group of athletes and coaches in the area and improve your wrestling while having tons of fun. Our staff and wrestlers have a clear history of performing at a high level while focusing on building skills and having fun.

### Registration

Online at TrackWrestling: [https://www.trackwrestling.com/registration/TW\\_Register.jsp?tournamentGroupId=249813132](https://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=249813132)

Cost: \$200 (financial assistance available, contact the club to inquire)

\*All athletes must have active USA Wrestling Full Athlete membership

### History of Success

- 2023 TNUSAW State Team Freestyle Runner-up and Greco Champions
- 25 medalists at USAW Southeastern Regionals in 2023
- Multiple USAW FS/GR Kids All-Americans (1 National Champ in 2023)
- 11 USAW Cadet and Junior Fargo All-American's
- One USAW Senior World Team Member from the club and another who traveled and competed internationally while in the club and is currently on Greco Olympic ladder.

### Contact Info

USAW

[wavewrestlingclub@gmail.com](mailto:wavewrestlingclub@gmail.com)

Coach House (c) 901-289-3795