

2024 TENNESSEE IRON MAN TOURNAMENT

April 13th-14th, 2024

Blackman High School

3956 Blaze Dr.

Murfreesboro, TN 37128



*IRON MAN AWARD TO THOSE WHO WIN ALL 3 STYLES!

*Minimum 3-person bracket in all styles to be awarded the Iron Man Award

**USA Wrestling Cards ARE REQUIRED for this event

Tournament Participants for both Male and Female Wrestlers (bracketed separately) of the following ages:

*USA 8U 2016-2017

*USA 10U 2014-2015

*USA 12U 2012-2013

*USA 14U 2010-2011

*USA 16U 2008-2009

**USA Junior - Born 9/1/04 (In grades 9-12)

Mandatory Registration online at www.trackwrestling.com by Thursday, April 11th at 8 PM CST

Include: Name, DOB, Weight Class, Club Name, Contact Phone #, and Email

Medals: 1st through 3rd place finishers in each division

1st) Greco-Roman, 2nd) Freestyle, 3rd) Folkstyle

Registration: \$30.00 for one style, \$35.00 for two styles, or \$40.00 for all three styles. NO Late Registration

Admission: \$10.00 Adults and \$5.00 Children (3 and under)

SATELLITE WEIGH-IN INFORMATION WILL BE POSTED ON TRACK INFO PAGE AND ARE HIGHLY ENCOURAGED

Satellite Weigh-ins: Friday, April 12th (in singlet with NO pound allowance)

If you wish to host a satellite weigh-in for your area/school, please email nelson.shirley@memphistr.org

*Weighing in on Friday registers you for that weight class for all three styles. No on-site required

**If not weighing in Friday, on-site weigh-ins will be required on Saturday or Sunday and will only last 30 minutes

16U Boys and Junior Boys ONLY will be competing on Saturday. Their event schedule is as follows:

On-Site Weigh-ins: Saturday 6:30 AM (If you haven't stepped on scale by 7:15 AM, then you won't be wrestling)

Greco Wrestling Estimated Start: Saturday 8:00 AM CST

Freestyle Wrestling Starts: After a short break at the conclusion of all Greco bouts

Folkstyle Wrestling Starts: After a short break at the conclusion of all Freestyle bouts

8U Boys/Girls, 10U Boys/Girls, 12U Boys/Girls, 14U Boys/Girls, 16U Girls and Junior Girls ONLY will be competing on Sunday. Their event schedule is as follows:

On-Site Weigh-ins: Sunday 8:30 AM (If you haven't stepped on scale by 9:15 AM, then you won't be wrestling)

Greco Wrestling Starts: Sunday 10:00 AM CST

Freestyle Wrestling Starts: After a short break at the conclusion of all Greco bouts

Folkstyle Wrestling Starts: After a short break at the conclusion of all Freestyle bouts

**Coaches Entry: Current USAW membership card is required to be on the floor coaching an athlete. NO EXCEPTIONS! This event is governed by Tennessee USA Wrestling (TNUSA).

FOR ADDITIONAL INFORMATION CONTACT:

TrackWrestling Director:

Dale Bradford

(615) 306-8124

Gdbradford@comcast.net

Tournament Director:

Nelson Shirley

(901) 827-2445

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