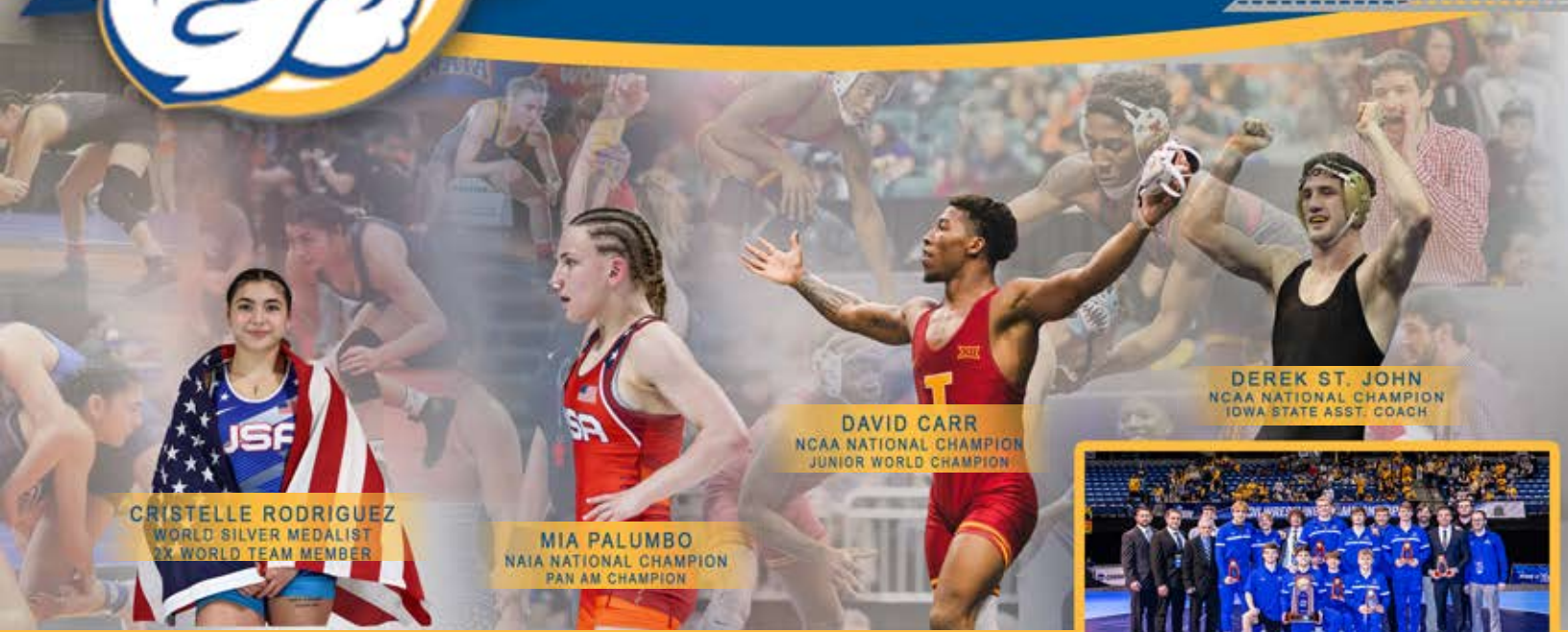




— NEBRASKA — BLUE & GOLD TEAM CAMP JUNE 16TH-19TH, 2024

CAMP
COUNSELORS



CRISTELLE RODRIGUEZ
WORLD SILVER MEDALIST
2X WORLD TEAM MEMBER

MIA PALUMBO
NAIA NATIONAL CHAMPION
PAN AM CHAMPION

DAVID CARR
NCAA NATIONAL CHAMPION
JUNIOR WORLD CHAMPION

DEREK ST. JOHN
NCAA NATIONAL CHAMPION
IOWA STATE ASST. COACH



**PLUS YOUR
2024 UNK WRESTLING TEAM**

CAMP FEE: \$170

MEALS: \$55 Optional meal plan includes 5 meals

HOTELS: Teams will be in charge of selecting and reserving their housing needs

** Hotel Options online

REGISTRATION:

Register online at trackwrestling.com search "Nebraska Blue & Gold Team Camp - 2024"

* Individuals welcome and will be placed with a team

Deadline: May 27th, 2024

* Late Registration +\$30 (No t-shirt) | Meals +\$10

AGE DIVISIONS:

Club Division - 3rd to 8th Grade (Boys & Girls)

High School Boys Division - 9th to 12th Grade

High School Girls Division - 9th to 12 Grade

*Grades based on the 2024-2025 school year

LOCATION:

Buffalo County Fairgrounds

3807 Avenue N

Kearney, NE 68847

Counselors subject to change based on Athletes Training/Competition Schedule.

TENTATIVE SCHEDULE

SUNDAY
- Check-in 11AM-1PM
- Coaches Meeting - 1:15 PM
- Session 1 - 2:00 PM
- 1 Dual, Technique & Team Olympics

MONDAY
- Session 2
- 2 Duals & Technique or Team Olympics
- Session 3
- 2 Duals & Technique or Team Olympics

TUESDAY
- Session 4
- 2 Duals & Technique or Team Olympics
- Session 5
- 1 Dual & Technique or Team Olympics
- Session 6
- All-Star Dual

WEDNESDAY
- Session 7
- Technique & 1 Dual
- Session 8
- Takedown Tournament - Approximate end time 2PM
* Optional team activities available in the evenings (Details online)

COACHES:

- Coaches are FREE to attend the Nebraska Blue and Gold Team Camp and will receive a free camp t-shirt!
- Coaches MUST register online at mwcevents.com to receive a t-shirt!
- The only cost for coaches will be if they would like to purchase the Meal Plan.

MUST REGISTER ONLINE

[MWCEVENTS.COM](https://mwcevents.com)

[TRACKWRESTLING.COM](https://trackwrestling.com)