

Cougar Clash

April 20th, 2024

****Pre-K through High School****



Location:

Goldsboro High School

901 Beech St, Goldsboro, NC 27530

Weigh-ins: 7:30-8:30 am (morning session) **6& U, 8 & U, 10 & Under, 12 & U**
9:30 am Wrestling starts for morning session **6& U, 8 & U, 10 & U, 12& U**
10:00- 11:00 am- (afternoon session Weigh-ins) **Middle School and High School**
Second session Wrestling starts immediately after morning session **MS & HS**

Registration: \$25 (This is a no card event) **Pre-Registration is required at**
www.trackwrestling.com

Age and Weight Divisions

6& Under: 3 Periods ~ 1 Minute

40, 45, 50, 55, 60, HWT

8 & Under: 3 Periods ~ 1 Minute

45, 50, 55, 60, 65, 70, 75, 80, 90, 120, HWT

10 & Under: 3 Periods ~ 1 Minute

50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 125, HWT

12 & Under: 3 Periods ~ 1 ½ Minutes

65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, 150, HWT

Middle School: 3 Periods ~ 1 ½ Minutes (Must be 8th Grade or below)

80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT

High School: 3 Periods ~ 1 ½ Minutes (9th-12 grade)

108, 115, 122, 128, 134, 140, 146, 152, 159, 167, 177, 192, 217, HWT

Medals for top 3 finishers

(We reserve the right to combine weight classes and/or age divisions if there are less than 3 wrestlers in a weight class) Age Division based on age as of December 31, 2023.

Concessions will be available

Tournament Director: Stan Chambers thematroom@yahoo.com

Local Contact: Daniel Sasser danielbsasser@gmail.com