



## Swamp Donkey

Saturday, April 13th  
Freestyle / Greco / Folkstyle  
Spain Park High School  
4700 Jaguar Dr,  
Birmingham, AL 35242  
[Google Map](#)



*Lillian Humphries - Huntingdon Girls College wrestling coach will be onsite for this event, time to shine for college coaches.*

*Its time to kick off the Freestyle and Greco wrestling season with some action at the Swamp Donkey wrestling tournament. We will also have folkstyle at this event to offer a trifecta of wrestling styles. Can you pull off a tri style championship and earn the coveted 14" Swamp Donkey?*



### MANDATORY PRE-REGISTRATION

Please note that wrestlers will need their [USA Card](#) to pre-register. Tournament Fee is paid online. **Each wrestler may compete in one weight class.** Any wrestler who fails to pre-register will **NOT** be able to compete in the tournament.

Registration will cost \$25.00 for one style, 10.00 extra for each additional style

Registration DEADLINE: Friday April 12<sup>th</sup> at 3:00 pm CST

NO ONSITE Registrations

There are no refunds for this event.

[Pre-Register Now!](#)

USAW 2024 Age Division and weight classes are being utilized for this event.

## Weigh-ins

All wrestlers will get a 1 lbs. weight allowance

## Friday night 5pm – 7 pm

### Weigh in locations

## Saturday April 13<sup>th</sup> @ 7:30-8:30 AM

Spain Park High School – 4700 Jaguar Dr, Birmingham, AL 35242

**\*\*\*\* Wrestlers must weigh-in ONCE before they wrestle \*\*\*\***

\*\*Wrestlers may not wrestle in the weight below what they weigh-in at. Actual weight rounds UP to select a weight class (not the closest weight) during registration.

## Spectator Admissions

Adult - \$15

Children - \$10

Under 3 – Free

Coaches - \$5

## Tournament

Weight classes will be combined get matches.

Tournament T-Shirts will be available.

Concessions will be available.

Coaches must have a valid USA or AAU Coaches Card.

Coaches will receive wristband for hospitality room.

## *Age Groups, Weights, & Period Lengths*

<u>AGE DIVISIONS</u>	<u>BIRTH DATES</u>	<u>FR/GR MATCH TIME LIMITS</u>	<u>FOLKSTYLE MATCH TIME LIMITS</u>	<u>WEIGHT CLASSES</u>
6U	2018 - 2019	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	39, 43, 45, 49, 53, 56, 62
8U	2016 - 2017	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40, 43, 45, 49, 53, 56, 62, 70, 85
10U	2014-2015	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120

12U	2012-2013	Two 2-minute periods w/ 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160
14U	2010-2011	Two 2-minute periods w/ 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250
16U	2008-2009	Two 2-minute periods w/ 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285
Junior	9/1/2004 - 2007	Two 3-minute periods w/ 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

## Event Schedule

**Saturday April 13<sup>th</sup>**

**9:00 AM - 11:30 PM** Freestyle Tournament (including girls only division)

**12:00 PM - 2:00 PM** Greco-Roman Tournament

**2:30 PM - Finish** Folkstyle Tournament

\*\* Awards will be handed out as weight classes are completed (1st-4th) \*\*

\*\*\* Trophies will be handed out at the end of Folkstyle for a Tri-Style Champions \*\*\*

Questions email: [ben@tournamenttruck.com](mailto:ben@tournamenttruck.com)

This tournament is brought to you by

