

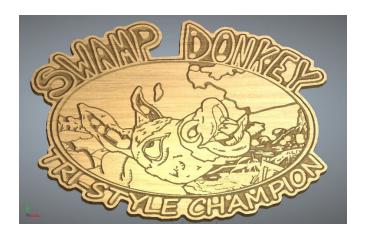
# Swamp Donkey

Saturday, April 13th
Freestyle / Greco / Folkstyle
Spain Park High School
4700 Jaguar Dr,
Birmingham, AL 35242
Google Map



Lillian Humphries - Huntingdon Girls College wrestling coach will be onsite for this event, time to shine for college coaches.

Its time to kick off the Freestyle and Greco wrestling season with some action at the Swamp Donkey wrestling tournament. We will also have folkstyle at this event to offer a trifecta of wrestling styles. Can you pull off a tri style championship and earn the coveted 14" Swamp Donkey?



#### **MANDATORY PRE-REGISTRATION**

Please note that wrestlers will need their <u>USA Card</u> to pre-register. Tournament Fee is paid online. **Each wrestler may compete in one weight class**. Any wrestler who fails to pre-register will **NOT** be able to compete in the tournament.

Registration will cost \$25.00 for one style, 10.00 extra for each additional style
Registration DEADLINE: Friday April 12<sup>th</sup> at 3:00 pm CST
NO ONSITE Registrations
There are no refunds for this event.

Pre-Register Now!

USAW 2024 Age Division and weight classes are being utilized for this event.

#### Weigh-ins

All wrestlers will get a 1 lbs. weight allowance

## <u>Friday night 5pm – 7 pm</u> <u>Weigh in locations</u>

### Saturday April 13th @ 7:30-8:30 AM

Spain Park High School – 4700 Jaguar Dr, Birmingham, AL 35242

#### \*\*\*\* Wrestlers must weigh-in ONCE before they wrestle \*\*\*\*

\*\*Wrestlers may not wrestle in the weight below what they weigh-in at. Actual weight rounds UP to select a weight class (not the closest weight) during registration.

#### **Spectator Admissions**

Adult - \$15 Children - \$10 Under 3 – Free Coaches - \$5

#### **Tournament**

Weight classes will be combined get matches.

Tournament T-Shirts will be available.

Concessions will be available.

Coaches must have a valid USA or AAU Coaches Card.

Coaches will receive wristband for hospitality room.

# Age Groups, Weights, & Period Lengths

AGE	<u>BIRTH</u>	FR/GR MATCH	FOLKSTYLE	
<u>DIVISIONS</u>	<u>DATES</u>	TIME LIMITS	<u>MATCH</u> <u>TIME LIMITS</u>	WEIGHT CLASSES
6U	2018 - 2019	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	39, 43, 45, 49, 53, 56, 62
80	2016 - 2017	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40, 43, 45, 49, 53, 56, 62, 70, 85
100	2014-2015	Two 2-minute periods w/ 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49, 53, 56, 59, 63, 67, 71, 77, 84, 93, 105, 120

12U	2012-2013	Two 2-minute periods w/ 30 second rest between periods	Championship: 1 one- minute and 2 1:30 periods; Consolation: 3 one-minute periods	58, 63, 67, 70, 74, 78, 82, 86, 92, 98, 108, 117, 135, 160
140	2010-2011	Two 2-minute periods w/ 30 second rest between periods	Championship: 1 one- minute and 2 1:30 periods; Consolation: 3 one-minute periods	71, 77, 83, 87, 92, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 187, 250
160	2008-2009	Two 2-minute periods w/ 30 second rest between periods	Championship: 3 two- minute periods; Consolation: 1 one minute and 2 two-minute periods	88, 94, 100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285
Junior	9/1/2004 - 2007	Two 3-minute periods w/ 30 second rest between periods	Championship: 3 two- minute periods; Consolation: 1 one minute and 2 two-minute periods	100, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

#### **Event Schedule**

## Saturday April 13<sup>th</sup>

9:00 AM - 11:30 PM Freestyle Tournament (including girls only division)

12:00 PM - 2:00 PM Greco-Roman Tournament

**2:30 PM - Finish** Folkstyle Tournament

\*\* Awards will be handed out as weight classes are completed (1st-4th) \*\*

\*\*\* Trophies will be handed out at the end of Folkstyle for a Tri-Style Champions \*\*\*

Questions email: ben@tournamenttruck.com

