30 MARCH 2024



FREESTYLE & GRECO TOURNAMENT

2100 COLLEGE STREET NEWBERRY SC, 29108

HEADGEAR REQUIRED
FOR 14U AND BELOW

\$25 per style

CLICK HERE TO REGISTER

WEIGH IN SAT MORNING 0800-0900

ALL AGE AND WEIGHT BRACKETS AVAILABLE IN OPEN DIVISION. ROOKIE IN 12U AND BELOW

Tournament Director:

Wayne Watkins (803)569-9816 wayne.watkins0524@gmail.com





2024 - USA MEN'S AGE DIVISIONS and WEIGHT CLASSES



SOUTH CAROLINA SOUTH CAROLINA						
AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES		
8U	Born 2016-2017	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 45 lbs, 49 lbs, 53 lbs, 56 lbs, 62 lbs, 70 lbs, 85 lbs		
10U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	49 lbs, 53 lbs, 56 lbs, 59 lbs, 63 lbs, 67 lbs, 71 lbs, 77 lbs, 84 lbs, 93 lbs, 105 lbs, 120 lbs		
12U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 lbs, 63 lbs, 67 lbs, 70 lbs, 74 lbs, 78 lbs, 82 lbs, 86 lbs, 92 lbs, 98 lbs, 108 lbs, 117 lbs, 135 lbs, 160 lbs		
14U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 77 lbs, 83 lbs, 87 lbs, 92 lbs, 97 lbs, 102 lbs, 106 lbs, 110 lbs, 114 lbs, 119 lbs, 125 lbs, 130 lbs, 136 lbs, 149 lbs, 165 lbs, 187 lbs, 250 lbs		
16U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs		
USA Junior	* Born 9/1/2004 & after, plus enrolled in grades 9-12	Two three-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	100 lbs, 106 lbs, 113 lbs, 120 lbs, 126 lbs, 132 lbs, 138 lbs, 144 lbs, 150 lbs, 157 lbs, 165 lbs, 175 lbs, 190 lbs, 215 lbs, 285 lbs		
Masters A	* Born 1990-1999	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		
Masters B		Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		
Masters C		Two two-minute periods with 30 second rest between periods		58 kg, 58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		
Masters D	* Born 1966-1973	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		
Masters E	* Born 1958-1965	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		
Masters F	* Born 1949-1957	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	58 kg, 62 kg, 70 kg, 78 kg, 88 kg, 100 kg, 130 kg		



2024 - USA WOMEN'S AGE DIVISIONS and WEIGHT CLASSES



SOUTH CAROLINA SOUTH CAROLINA						
AGE DIVISIONS	BIRTH DATES	FREESTLE/GRECO MATCH TIME LIMITS	FOLKSTYLE MATCH TIME LIMITS	WEIGHT CLASSES		
		Two two-minute	Championship	40 H = 42 H = 46 H = F0 H = FF H = 62 H =		
8U	Born 2016-2017	periods with 30 second rest between periods	and Consolation: 3 one-minute periods	40 lbs, 43 lbs, 46 lbs, 50 lbs, 55 lbs, 62 lbs, 68 lbs, 74 lbs, 85 lbs		
10U	Born 2014-2015	Two two-minute periods with 30 second rest between periods	Championship and Consolation: 3 one-minute periods	45 lbs, 49 lbs, 53 <mark>lbs, 57 lbs, 62</mark> lbs, 67 lbs, 73 lbs, 80 lbs, 90 l <mark>bs, 100 lbs, 113</mark> lbs		
12U	Born 2012-2013	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	55 lbs, 59 lbs, 64 <mark>lbs, 69 lbs, 75</mark> lbs, 81 lbs, 87 lbs, 94 lbs, 102 <mark>lbs, 112 lbs, 12</mark> 6 lbs, 140 lbs		
14U	Born 2010-2011	Two two-minute periods with 30 second rest between periods	Championship: 1 one-minute and 2 1:30 periods; Consolation: 3 one-minute periods	71 lbs, 76 lbs, 81 lbs, 84 lbs, 87 lbs, 90 lbs, 93 lbs, 97 lbs, 102 lbs, 108 lbs, 115 lbs, 121 lbs, 127 lbs, 143 lbs, 163 lbs, 183 lbs		
16U	Born 2008-2009	Two two-minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	88 lbs, 94 lbs, 100 lbs, 106 lbs, 112 lbs, 118 lbs, 124 lbs, 130 lbs, 136 lbs, 142 lbs, 148 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs		
USA Junio	** Born 9/1/2004 & after, plus enrolled in grades 9-12	Two three- minute periods with 30 second rest between periods	Championship: 3 two-minute periods; Consolation: 1 one minute and 2 two-minute periods	95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs		