



NORTH CAROLINA AAU WRESTLING
PRESENTS
2024 AAU ROOKIE STATE CHAMPIONSHIP

SUNDAY, February 25th, 2024

Rise Indoor Sports
419 Twins Way Bermuda Run, NC 27006

ONLY NC RESIDENTS WITH AAU CARDS MAY PARTICIPATE

ENTRY FEE: \$40 (WRESTLERS MAY ONLY WRESTLE ONE DIVISION and ONE WEIGHT) _

****ALL WRESTLERS MUST PRE-REGISTER & PAY ONLINE BY THURSDAY, FEBRUARY 22nd 2024 AT MIDNIGHT ****

**This Tournament is for 1st and 2nd season wrestlers only.
High School wrestler cannot be State placers**

TOURNAMENT SCHEDULE

FEBRUARY 24th 2024

6:30-8:00 p.m. Weigh-ins for all sessions

February 25th 2024

7:30 am Doors will open

7:30-8:30 AM Morning Session Weigh-ins (**MORNING SESSION WRESTLERS ONLY**)

9:00 AM **COACHES MEETING @ Rise Indoor Sports**

9:30 AM **OPENING CEREMONIES BEGIN SATURDAY**

9:45 AM Morning Session Begins (**Tots, Bantam, Midget, junior**)

10:00 -11:00 AM Afternoon Session Weigh-ins

TBA Afternoon Session (**Middle School, High School**) will begin After Morning Session Ends

PARKING PASS \$5.00 / VEHICLE

**AAU CARDS REQUIRED FOR WRESTLERS AND COACHES
CARDS WILL NOT BE SOLD AT THE EVENT**

(Please see Coaches information)

ADMISSION Individual - \$10.00 Children 5 & Under Free

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This event is licensed by the Amateur Athletic Union of the U.S. Inc. -All participants must have a current AAU membership -AAU membership may not be included as part of the entry fee to the event. -AAU Youth athletic membership must be obtained before the competition begins.

BE PREPARED: Adult and Non- Athlete Memberships are no longer instant and CANNOT be applied for at event. Please allow 10 days for membership to be processed. Pending AAU Cards with not be accepted. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership prior to competition.

WRESTLER ELIGIBILITY

- All wrestlers must have a valid AAU card and be a resident of North Carolina.
- AAU cards will NOT be sold at the tournament.
- (AAU cards can be purchased online at <http://www.aausports.org>.)
- Online registration must be completed via <http://www.Trackwrestling.com>
- Entry Fee must be paid online (Pay online with Credit Card.)
- REGISTRATION CLOSES ON THURSDAY, February 22,2024 at MIDNIGHT.
- ONLINE WEIGHT CHANGES may be made & are due by February 22nd at midnight.
- NO LATE REGISTRATIONS AND NO WALK-IN REGISTRATIONS!
- ONLY Morning Session Wrestlers– weigh-ins Sunday February,25 2024
7:00-8:00 am
- Afternoon Session Wrestlers must weigh-in by Saturday, 10:00 – 11:00 am.
- (Afternoon wrestlers only have to weigh-in once.)
- At weigh-in each Wrestler MUST have required Proof Documents
- (Valid AAU Card and Proof of Age (on person))

ROOKIE DIVISIONS AND WEIGHTS:

TOT 2018/AFTER -35, 40, 45, 50, 55, HWT (75 Max)

BANTAM 2016/2017 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT (125 Max)

MIDGET 2014/2015 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 103, 112, 120, 130, HWT (175 Max)

JUNIOR 2012/2013 60, 65, 70,75,80,85, 90, 95, 100, 105, 112, 120, 130, 140, HWT (205 Max)

MIDDLE SCHOOL 2009/2010/2011 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 180, HWT (260 Max) **No High School Wrestlers. Middle School Division MUST BE in Middle SCHOOL & MUST PROVIDE PROOF**

HIGH SCHOOL BOYS 2005*/2006/2007/2007/2009 106, 113, 120, 126, 132, 138, 144, 150, 157,165,175,190,215,285

WRESTLERS MAY ONLY WRESTLE ONE WT CLASS/DIVISION IN THE TOURNAMENT

TOURNAMENT LIMITS Based upon running 8 mats in both the morning and afternoon sessions a limit of 1000 entries will be accepted to ensure adherence to the planned schedule. Register early to reserve your spot.

VERY IMPORTANT: WE MUST HAVE TABLE WORKERS AND WRESTLING MATS FOR THE EVENT! *Contact the Tournament Director if your club will provide a wrestling mat and/or work a table.*
Table workers should check-in Saturday night, Sunday morning to receive their work package.

WEIGH-INS: SUNDAY (February 25,2024) 7:30-8:30PM

Only Morning session will weigh in from 7:30-8:30AM

Afternoon sessions will weigh in from 10:00-11:00 AM

If you wrestle during the AAU State tournament the day before, we will honor those weigh-ins if you notify the tournament staff during state tournament weigh-ins.

Wrestlers Must Make Weight for Division/Wt Class Entered and bring Completed Registration Form & Proof Documents (valid AAU Card & proof of age)

Wrestlers **MUST** wear a singlet to weigh-in. If you do not have a singlet, wear gym shorts and t-shirt. Wrestlers will **NOT** be allowed to strip down to underclothes to weigh-in and they are **NOT** allowed to leave the area once reporting to weigh-in. A scale will be available to check your weight so make sure you can make weight **BEFORE** reporting for your official weigh-in. Skin, hair, and nails will be checked before wrestlers will be allowed to weigh. All wrestlers must get on the scales. **WRESTLERS MUST MAKE THE WEIGHT IN WHICH THEY REGISTERED. (IF YOU DO NOT MAKE WEIGHT, YOU WILL BE SCRATCHED OR YOU MAY PAY A \$20.00 RE-BRACKET FEE.)** Rebracketing wrestler during weigh-ins delays tournament start.

NO weight allowance will be given during weigh-in.

Weigh-ins close promptly at 8:30am & 11:00am on Sunday. NO refunds for those who do not make weight or no shows.

PAIRINGS: Pairings will take place prior to the event. Wrestlers may be placed via a blind draw format to fill brackets with efforts to separate team members in first round. A “bye” will be given where needed to fill brackets. Wrestlers who do not make weight and “no shows” will be scratched.

MATCH GUIDELINES: Modified high school rules will be followed with modifications as to weight and periods. Singlets or TIGHT-FITTING tee and shorts, Mouth Protection (required if you have braces or orthodontic device on teeth).

Tots through Midget wrestle three one-minute periods (1 – 1 – 1).

Junior through High School wrestle three one and one-half minute periods (1½ – 1½ – 1½).

WRESTLE BACK for 2nd Place For all Divisions Tot through Open, in bracketed pairings, the 3rd place finisher will only be allowed to wrestle back for 2nd place, if 3rd and 2nd have never meet in the bracket.

- **INDIVIDUAL** – Awards to 1st, 2nd, 3rd, and 4th place winners in each Division/Weight Class

COACH'S REGISTRATION (Important Information)

- Head Coaches need to Register themselves and all assistant Coaches before event. (Only those coaches that have been pre-registered will be allowed on the floor)
- All Coaches must show a valid AAU Card & ID for free admission into the facility.
NO pending AAU cards will be accepted.
- A \$5 Fee (pre-registration) per Coach/Assistant must be paid during coach's registration for a floor pass. \$10 for Walk-In Coach/Assistant.
AGAIN—NO PENDING registrations will be accepted.
- Coaches should pick up their registration packet during sat. weigh-ins to relieve congestion on day of event. Wristbands will only be given to those Coaches that have pre-registered.
- Be prepared: Adult and Non- Athlete Memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Please send Pre-Registration information (Coaches/Assistants names and AAU numbers) to dynamicwrestling13@gmail.com

(Please state it is for the 2024 NC AAU Rookie State Championships)

THIS PAGE IS YOUR WEIGH-IN CARD PLEASE BRINGS THIS TO WEIGH INS

REGISTRATION FORM/Weight Card

Have this card filled out and go directly to the scales

2024 NC Rookie State Championship

SUNDAY, February 25, 2024

Rise Indoor Sports

419 Twins Way Bermuda Run, NC 27006

Team Name: _____

Name: _____

Date of Birth: _____

AAU Number: _____

In consideration of your acceptance to my entry, I and my legal heirs do hereby waive and release any and all claims for damages I may have against the North Carolina (NC) Amateur Athletic Union (AAU) Wrestling Association, Hickory Metro Convention Center and Visitors Bureau, their sponsors, coaches, volunteers, tournament officials, and/or administrators for any and all injuries suffered by the name indicated above in connection with the 2023 AAU NC Rookie State Championships. I have reviewed the flyer for this tournament and agree to all rules and guidelines stated for the event.

Wrestler Signature

Parent/Guardian Signature Date

Nail/Skin Check	Division	Weight Class	Actual Weight

Weigh-in Operator Only:

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PROVIDE PROOF

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