## **Northwest Jr Viking Tournament**

Northwest High School 2710 N. North RD Grand Island, Nebraska, 68803 Sunday Jan 14, 2024 Pre-Register only. No walk-ins. Deadline for registration is Friday Jan 12, 2023 10:00 pm Register on Trackwrestling at the following site

## <u>https://rb.gy/lgwgr8</u>

## <u>Cost \$20</u>.

Awards: PreK-K Trophies for all.

Grades 1st-8th: 1st(trophy), medals for 2nd, 3rd and 4th place. 3 or 4 person round robin.

## We will not have girls wrestling boys at any grade level.

Questions: Contact:	Jeff Paige 308-380-2001	jeffreyraypaige@gmail.com
	Brian Sybrandts 308-379-7054	bsybrandts@ginorthwest.org

We will start wrestling at 9:00 am sharp. <u>Once started we will not stop.</u> Check in starts at 8:30 am. Grades 1-8 are competitive. Pre-K thru 4th grade will wrestle three 1 minute periods. Grades 5-8 will wrestle three 1.5 minute periods. <u>There will be a girls and boys divisions in</u> <u>all grade levels.</u> All periods will start in a neutral position.

PreK-K 9 am p.m. Non-competitive. The second sec	hree 1 min	ute periods
1-2Immediately following completion of	of Pre K:	Approximately 10:00 am
3-4Immediately following completion of	of 1&2:	Approximately 10:30 am
5-6Immediately following completion of	of 3&4:	Approximately 11:00 am
7-8Immediately following completion of	of 5&6:	Approximately 11:30 am
7-8 Girlswill wrestle same time as 7-8 Be	oys:	Approximately 11:30 am

Challenging a weight will cost \$10, which will be refunded if the wrestler is overweight. If a wrestler's weight is 3 lbs more than weight on track, overweight wrestlers will be disqualified and no refund will be given. No refund on a no show. Rate your wrestler as a beginner, average, good, or excellent. If there are not enough wrestlers in a division to compete refunds will be available.

Wrestlers may be moved to a different grade group if needed. If moving down they may be put in a bracket with heavier wrestlers. If moving up they may be put in a bracket with lighter wrestlers.