

The Walden Rotary Club & Deep Roots Wrestling Club Presents:



Hudson Valley's Premiere Wrestling Tournament



WHEN: Saturday March 2nd, 2024. Wrestling starts between 9:00-9:30am.

WHERE: Valley Central High School 1175 Rt. 17k Montgomery, NY 12549

WEIGH-INS: All Divisions - 7am-8:30am

ADMISSION: \$5 Adults/\$2 Kids

REGISTRATION: \$40.00 with a current NYWAY Card. One day individual memberships can be purchased on the NYWAY website. Girls may double entry in both boys and girls divisions but will be required to pay both entry fees.

REGISTER and pay online at www.nyway.org **350 wrestler limit**

Any difficulty registering please email: tarynfilip13@gmail.com

PRE-REGISTRATION ONLY. Online DEADLINE 2/29/24 by 5pm

**** NO REFUNDS DAY OF TOURNAMENT ****

Divisions: Feather/Bantam/Midget/Junior/Intermediate all Madison weight system

High School - NY High School Wrestling weights.

Awards: 1st – 3rd place

-Boys Feather: 6 & Under (1-1-1) • Girls Feather: 6 & Under (1-1-1)

-Boys Bantam: 7/8 Years (1-1-1) • Girls Bantam: 7/8 Years (1-1-1)

-Boys Midget: 9/10 years (1-1-1) • Girls Midget: 9/10 years (1-1-1)

-Boys Junior: 11/12 years (1.5-1.5-1.5) • Girls Junior: 11/12 years (1.5-1.5-1.5)

-Boys Intermediate: 13/14 year (1.5-1.5-1.5) • Girls Intermediate: 13/14 year (1.5-1.5-1.5)

-High School Division: Boys and Girls 7-12th grade (1.5-1.5-1.5)

If numbers are low we reserve the right to combine groups

All girls divisions will be combined with boys if not enough wrestlers

Rules: -Valley Central High School is a smoke free campus
- NFHS overtime rules apply.

-NYS Modified/ High School Rules
-Headgear and singlets are highly encouraged

Food truck on site for breakfast, lunch and snacks.



Middletown High School
January 21st



Port Jervis High School
February 4th



Valley Central High School
March 2nd

Become the First Ever “**KING OF THE COUNTY**”

Sponsored by **HUDSON VALLEY REGION NYWAY.**

You will have to **WIN** all three of the these Orange County Tournaments. ******

AWARDS will given out-**For youth and Modified ages only**-Register for All 3 on Nyway.org

*Wrestlers and parents waive all claims to damages against Valley Central School District, Deep Roots Wrestling Club, and Walden Rotary Club. It is further certified that the birth date for the wrestler is true and correct.