



7th ANNUAL GRACE GRIZZLY SHAKEDOWN

TO: Wrestling Coaches and Athletic Directors

FROM: Grace Christian School AD Paul Salima, psalima@gracechristianalaska.org (907)644-2224 & Wrestling Coach Ben Devries at wrestlingcoach_ben@yahoo.com (907)227-5006

DATE: November 12th, 2023

Welcome to our 7th Annual Grace Grizzly Grappler now called Grizzly Shakedown Wrestling Tournament after 2018 7.0 earthquake. Tournament is on **Friday December 1st-Saturday December 2nd**. We are excited about the growth of our tournament which is open to all levels of wrestling from all schools across the State. **Again this year we will have a Girls Tournament Bracket**. We are excited to have your schools and look forward to a great tournament.

Thursday, Nov. 30th	6:00 pm	Coaches Seeding Meeting in Library. Dinner will be provided. If you are wrestling this Thursday, please let us know ASAP.
Friday, Dec. 1st	8:00 am	Provided Weigh-Ins Scratch +2. If a team wrestles Thursday +3
	9:00 am	Wrestling Begins
	11:00 am	Special Concert in North Gym
Saturday, Dec. 2nd	8:00 am	Weigh-Ins Scratch +3
	9:00 am	Wrestling Begins

Tournament Format: 8 man, 16 man and 32 man brackets. **Maximum 2 wrestlers per weight class. 3 mats and spotlight Championship Finals.**

Awards: 1st, 2nd, 3rd, 4th place individual medals for each weight class with unique Grizzly Bear. Awards Outstanding Wrestler Champion Custom Belt and Grizzly Bear for Boys and Girls 1st and 2nd place Team Trophies

Tournament Fee: \$250 per team or \$25 per wrestler for teams with 9 or fewer athletes.

Hospitality Room: We will have a hospitality room for our Coaches and Officials. Our Cup of Grace Cafe will be open to everyone for concessions with a variety of food items.

Housing: Housing will not be provided but we have a couple local schools that do.

Apparel and Live-streamed: We will have gear on sale and all tournament matches will be live-streamed at www.GraceGrizzlies.org

Rosters: We will use www.trackwrestling and live scoring. Each team should enter their rosters online. Please email **Bob Ottum** at bob.ottum@adialaska.com by **Wednesday, November 29th** to request tournament login to Track Wrestling in order to enter your team members. Please enter your wrestlers into track wrestling ahead of time. All entries and changes must be completed by **5:00 p.m. on Thursday, November 30th**.

WIFI: SHAKEDOWN PASSWORD: john14:6

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