



NORSE TAKEDOWN TOURNAMENT



Sunday, November 19, 2023

Northglenn High School – 601 W 100th Pl. Northglenn, CO 80260

Rookie (1st Year ONLY) - Experienced - Women's Divisions

Registration Fees:

\$20.00 for WSWL Members | \$25.00 for Non League Wrestlers

ALL Wrestlers **MUST** have a VALID USAW Card to participate

Age Groups & Weight Classes: (Rookie Weights in Parentheses)

Wrestler's age will be calculated as of September 1st, 2023

4 & Under: Madison blocking (for takedown tournament only)

6 & Under: Madison blocking (for takedown tournament only)

8 & Under: Madison blocking (for takedown tournament only)

10 & Under: Madison blocking (for takedown tournament only)

12 & Under: Madison blocking (for takedown tournament only)

14 & Under: Madison blocking (for takedown tournament only)

Women's Division: Blocked by k-2, 3-5 and 6-8 grade & weight

Weigh-ins: All Weights are entered during registration by coaches, brackets will be chosen 1 hour before session start and wrestlers in those brackets have until 30min prior to session start to check in.

Rookie / Novice Bracket Criteria: First year wrestlers ONLY are considered Rookie. If there is any prior season tournaments on the wrestlers track wrestling profile, it is an automatic forfeit if the tournament has already started.

Format/Rules:

- 4's, 6's, 8's = Three 60 Second Periods | 10's, 12's, 14's = Three 90 Second Periods
- Once the referee audibly awards a takedown, opponents return to a neutral position in the location of the takedown.
- Fall and near fall points will only be awarded in the 3rd period

Attire: Singlet or Approved Wrestling Gear, Headgear, Wrestling Shoes and Mouthpiece (w/ braces)

Split Start Times: 9:00am start time for age groups 4U, 8U, 12U and Women's Elementary School

1:00pm start time for age groups 6U, 10U, 14U and Women's Middle School

Awards: First Place – 4th Place, Novice, Experience & Girls

All 4u are considered Rookie, No Rookie division for 14u

Admission: | \$5 for Adults | \$3 for Students, Seniors and Military | Child 4 & Under are Free | Coaches w/ VALID USA Coaches Card FREE

Register at WWW.TRACKWRESTLING.COM – Registration Closes at 7:00pm Friday – All Registration, League or Non League is now done online via the pre-reg system.

Brackets will be posted Saturday Evening prior to the tournament. All Requests for changes must be made prior to each session start, 8:30AM for Morning Session and 12:30PM for the Afternoon Session. Only onsite additions will be accepted if it is a double bracket scenario. No onsite registration exists. No wrestler will be added until payment is collected, Cash or Venmo will be accepted, NO exceptions. No Parents to the head table, Coaches ONLY.

Bracket questions and changes should be directed to wswl.Track@gmail.com. Do Not Call Bracketers with changes. Only Email.

Tournament Directors: Josh Rocha (720- 371-9235) and Evie Gomez (720) 289-4342