

John R Cook Youth Beginner Wrestling Tournament

DATE: Saturday, December 2nd, 2023 **LOCATION:** Des Moines Roosevelt High School Main Gym

START TIME: As close to 10:00 AM as possible

AGE GROUPS:

Pre-K through Kindergarten

3rd Grade - 5th grade

1st grade - 2nd grade

Middle School

REGISTRATION: Register on TrackWrestling.com

WEIGH-INS: Saturday, December 2nd, 2023 from 7:30 AM - 8:30

ENTRY FEES:

Registration online \$25

Registration at door \$35

Spectator Admission \$5 12 years old and under are free

Medals for all participants

RULES:

Pre-K through Kindergarten 3 - one minute periods

1st - 5th 1:30, 1:00, 1:00 periods

Middle School 2:00, 1:00, 1:00 periods

4 person round robin (We reserve the right to move wrestlers up or down groups to create full brackets when possible)

*This is a beginner tournament, which is different from years prior! We are running on the honor system. Please do not sign up for this tournament if your wrestler has **qualified for AAU state, has more than three years of experience wrestling, competed in more than 20+ matches last year, or would be considered better than beginner status.** This new format will hopefully allow less experienced wrestlers to have more competitive matches and the opportunity to have a fun Saturday of wrestling. Please keep this in mind when coaching your young wrestlers, too.*

We reserve the right to remove any spectators, coaches, or athletes for disrespectful, unsportsmanlike, or violent behavior.

Concessions will be available! We will accept most major credit cards, checks payable to Rider Wrestling Club, and cash.