



2023 MIDLANDS WRESTLING CHAMPIONSHIPS



SCHEDULE OF EVENTS & INFORMATION

Thursday, December 28

1:00-4:00 pm	MEN'S Registration – Weight Class Declaration NOW Arena, SE Corner, Door #11 (All wrestlers or their coaches MUST declare weight class to participate)
1:00-5:00 pm	Workout facilities in Main Arena open
5:00 pm	NOW Arena closes to all
5:00 pm	Business Meeting @ Marriott
8:00 pm	All brackets will be released on Trackwrestling

Friday, December 29

6:15 am	NOW Arena opens
7:15 am	Medical Checks for Men
7:30 am	MEN'S Weigh In – Flat weight; main arena
8:00 am	All bench personnel must meet – breakfast & mat assignments – TBD location
9:30 am	MEN'S First session on 10 mats – all contestants are ready to compete; announcements & Coaches Information Desk will keep all informed of match sequence
1:00-4:00 pm	WOMEN'S Team registration on main floor at NOW Arena, SE Corner, Door #11
7:00 pm	MEN'S Second session on 10 mats – Championship & Consolation
11:00 pm	NOW Arena Closes

2023 Midlands Wrestling Championships Schedule of Events

Saturday, December 30

7:00 am	NOW Arena Opens
8:45 am	Medical Checks for Men & Women
9:00 am	WOMEN'S Weigh In – Flat weight, main arena floor MEN'S Weigh In - +1 lb, main arena floor
9:30 am	All bench personnel meet – breakfast & mat assignments – TBD location
11:00 am	WOMEN'S Session on 4 mats MEN'S Third Session on 4 mats – Semifinals, consolations, 7 th place matches
5:45 pm	Midlands Hall of Fame Induction & Introductions
6:05 pm	MEN'S Final Session on 3 mats – 1 st , 3 rd , 5 th (subject to change by BTN) WOMEN'S Finals on 1 mat
9:00 pm	Conclusion of Awards Ceremony

Other Tournament Information

Registration for the tournament will be done on Trackwrestling.com. All teams & individual entries should have all competitors entered by Thursday, December 21 at 6 pm. This information is necessary to ensure proper seeding and counts per weight class. Last minute changes can be made to rosters at registration on December 28.

All teams and individual wrestlers must check-in at the registration table and declare weight classes for each wrestler. **FINAL WEIGHT DECLARATION MUST BE MADE BY 4:00 PM ON DECEMBER 28.** Coach & competitor passes will be issued at check-in.

NCAA rules will be used for all matches and team scoring.

- 7 minute match length for all matches
- Riding time in effect for all matches
- Overtime will follow most current NCAA rules; video review at Official's discretion

All competitors will receive passes. Below is the coach/staff pass policy which is based on the number of competitors and will be strictly adhered to. Additional passes can be purchased at onsite registration for \$35 per pass. Passes will be distributed at registration on December 28. Contestants must have their pass for entry into the weigh in area as well as admission to the arena.

<u># of Contestants</u>	<u># of Coach/Staff Passes</u>
12+	6
9-11	5
8	4
4-7	3
2-3	2
1	1

Tournament Director: Tim Cysewski, Northwestern University
Email: wrestling@northwestern.edu
Phone: (847) 833-3337

Tournament Location: NOW Arena
5333 Prairie Stone Parkway
Hoffman Estates, IL. 60192

To make payments online please use this link:
<https://nuathletic.securepayments.cardpointe.com/pay>

Tournament Fees:
Mens Division - \$125 per competitor
Womens Division - \$60 per competitor