



West Suburban Girls WRESTLING CLUB

Empowering girls to be champions in life...and on the mat

Girls Rule Rumble

- Date:** Sunday January 7, 2024
- Location:** Naperville Central High School (Auxiliary Gym)
440 Aurora Ave, Naperville, IL
-Parking: South side of building (Hillside Rd) Enter Door #9
- Registration:** **-Individual Pre-registration via Track Wrestling (no team RSVPs)**
<https://www.westsuburgirlswrestlingclub.com/girlsrulerumble>
-Pre-registration deadline: January 5th at 11:45pm
-Tournament will be capped at 250 participants
-Walk-in Registration available (if 250 cap not reached in pre-registration)
-All participants must have a current USAW competitor card. **NO EXCEPTIONS!**
- Entry Fees:** **-Pre-registration:** \$35 per wrestler
-Walk-in Registration: \$45 per wrestler
- Divisions:** **-Girls 1 (IKWF age 8 & under):** 1 minute periods
-Girls 2 (IKWF age 9 to 11): 1 minute periods
-Girls 3 (IKWF age 12 & older): 1min, 1.5, 1.5 minute periods
- Weigh-Ins:** Remote Weigh-Ins at your own facility are mandatory (No Weigh-ins Sunday morning). Instructions for remote weigh-ins will be emailed to your club the week before. If you are wrestling solo without your club, we will communicate to you an alternate weigh-in site option.
- Format:** **Start Time:** 8:00am
-Track Wrestling will be used for brackets, mat assignments, scoring, etc.
-See following link for Track Wrestling Tutorial: <https://bit.ly/TrackWrestlingTutorial>
- Awards:** Medals for 1st - 4th place finishers
- Admission:** -Adults (18 and over) \$5.00. Coaches and Kids are FREE. **ALL coaches must have an ACTIVE USAW Wrestling Leader Membership.**
- Concessions:** Available for purchase starting at 7:00am

For more info contact Adam Johnson westsuburgirlswrestlingclub@gmail.com or 517-526-3586