

# 2024 Rec League State

Saturday, January 20, 2024

Jordan High School

95 Beetdigger Blvd, Sandy, UT 84070

**Tournament will cap at 600 wrestlers so register today!**

**No double bracketing at this event**

**Rec League state is for wrestlers with two seasons of experience or less. That means they cannot have competed in more than 1 season prior to this season. If you are unsure if you qualify then please reach out to Jaron Jensen at [Jaron.Utahwrestling@gmail.com](mailto:Jaron.Utahwrestling@gmail.com). If you are found to have more than 2 seasons of experience then you will be disqualified without a refund.**

**Registration/Admission:** Registration is \$30 and wrestlers must be registered by Tuesday, January 16<sup>th</sup> at 6:00pm. Admission will be \$5 to get into the event for those 16 and older.

**Schedule:** (subject to change slightly based on numbers. Final schedule will be released on Tuesday night January 16<sup>th</sup>. If the schedule changes it will be slight changes, nothing major as in only shifting approx. 15-30 minutes earlier or later)



|                          |  |
|--------------------------|--|
| 8:00am until conclusion  | PreK-K & All Girl's divisions (Prek-9 <sup>th</sup> grade) |
| 9:15am until conclusion  | 1 <sup>st</sup> -2 <sup>nd</sup> Grade Boys                |
| 10:30pm until conclusion | 3 <sup>rd</sup> -4 <sup>th</sup> Grade Boys                |
| 11:50am until conclusion | 5 <sup>th</sup> -6 <sup>th</sup> Grade Boys                |
| 1:00pm until conclusion  | 7 <sup>th</sup> -9 <sup>th</sup> Grade Boys                |

**Weigh INS:** Weigh ins should take place on Wednesday, January 17<sup>th</sup> or Thursday, January 18<sup>th</sup>. Each club, school, or rec league coach is responsible to hold a satellite weigh in for his or her qualified wrestlers and enter weights into [trackwrestling.com](http://trackwrestling.com) no later than 9pm on January 18<sup>th</sup>. Any questions please direct to Jaron Jensen at [Jaron.Utahwrestling@gmail.com](mailto:Jaron.Utahwrestling@gmail.com). There is no weight allowance.

**Membership:** Participants must be full time Utah residents and have an active USA Wrestling Membership (which can be purchased at [usawmembership.com](http://usawmembership.com)). Wrestlers can only wrestle in one weight and age division.

**Format:** Double Elimination. There will be no true second, and we will place the top 6 wrestlers in each division.

**Seeding:** Trackwrestling.com seeding will be used

## **Division and Weights Classes:**

Boys Divisions:

|                                  |   |
|----------------------------------|---|
| PreK-K                           | 37, 39, 41, 43, 45, 47, 49, 52, 52+                     |
| 1 <sup>st</sup> -2 <sup>nd</sup> | 43, 46, 48, 50, 52, 55, 58, 61, 67, 75, 75+             |
| 3 <sup>rd</sup> -4 <sup>th</sup> | 52, 55, 58, 62, 66, 70, 75, 80, 87, 95, 105, 105+       |
| 5 <sup>th</sup> -6 <sup>th</sup> | 65, 70, 75, 80, 85, 90, 96, 102, 110, 125, 145, 145+    |
| 7 <sup>th</sup> -9 <sup>th</sup> | 80, 86, 92, 100, 108, 117, 126, 135, 150, 175, 200, 285 |

Girls Divisions: Girls will be paired based on weight within the division. If there are 5 or more girls at a weight then they will do a line bracket, otherwise they will compete in a round robin. Girls must wrestle in the Girls Division. If they do not have anyone to wrestle in the Girl's division we will give them the option to move to the boys division.

Girls Division: Prek-k

Girls Division: 1<sup>st</sup>-3<sup>rd</sup> Grades

Girls Division: 4<sup>th</sup>-6<sup>th</sup> Grades

Girls Division Jr High: 7<sup>th</sup>-9<sup>th</sup> Grades

**Awards:** Trophies will be given to the top 6 finishers in each weight class. The Champion in each weight class will receive a custom Rec League State Champion singlet.

**Admission:** \$5 for all 16 and older

## **Additional Rules and Regulations:**

1. USAWU, National Federation, and UHSAA rules will govern all matches except the following:
  - a. PreK-4<sup>th</sup> grade bouts will consist of 3 periods of 1 min each.
  - b. 5<sup>th</sup>-9<sup>th</sup> grade will consist of 3 periods of 1 min 15 seconds each
  - c. All consolation matches will consist of 3 periods of 1 minute each for all ages
  - d. Overtime to be a 1-minute sudden death followed by (1) 30-second ride out period.

**Tournament Director:** Jaron Jensen – [Jaron.Utahwrestling@gmail.com](mailto:Jaron.Utahwrestling@gmail.com)